



THE EUROPEAN
SOCIETY
FOR CLINICAL
NUTRITION
AND
METABOLISM

#ESPENMAW2026

ESPEN Webinar

Nutrition is the key in diabetes

November 9th, 2026
3:00 - 4:00 pm CET (GMT +1)

Webinar organized
in collaboration with



Diabetes and Nutrition Study Group

SCIENTIFIC PROGRAM

- 3:00 pm** **Introduction and Moderation**
Laurence Genton (ESPEN, Switzerland)
Charilaos Dimosthenopoulos (DNSG/EASD, Greece)
- 3:05 pm** **Modernization of the DNSG-EASD clinical practice guidelines for diabetes nutrition therapy: a shift in focus from nutrients to dietary patterns**
Laura Chiavaroli (DNSG/EASD, Canada)
- 3:20 pm** **Nutritional risks for people with diabetes: malnutrition, sarcopenia, micronutrients**
María Ballesteros-Pomar (ESPEN, Spain)
- 3:35 pm** **Challenges of optimal nutritional care for patients with diabetes and stress hyperglycemia**
Miguel Leon-Sanz (ESPEN, Spain)
- 3:50 pm** **Q/A and Closing Remarks**

FREE REGISTRATION



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ORGANIZING SECRETARIAT
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