



THE EUROPEAN
SOCIETY
FOR CLINICAL
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AND
METABOLISM

#ESPENMAW2025

ESPEN Webinar

Enhanced Recovery After Surgery (ERAS®) Protocol: A Modern Perioperative Care

November 12th, 2025

3.00 - 4.00 pm CET (GMT +1)

Webinar organized
in collaboration with



SCIENTIFIC PROGRAM

- 3.00 pm** **Moderators**
Stanislaw Klek, ESPEN Chairman, Poland
Olle Ljungqvist, ERAS® Co-Founder, Sweden
- 3.10 pm** **What is ERAS®?**
Olle Ljungqvist, ERAS® Co-Founder, Sweden
- 3.20 pm** **Metabolic Principles of ERAS®**
Matthias Soop, Karolinska Institutet, Sweden
- 3.30 pm** **Preparation for Surgery: What is the Place for Prehabilitation?**
Stanislaw Klek, ESPEN Chairman, Poland
- 3.40 pm** **How Can We Do Better Intra and Postoperatively?**
Dileep Lobo, University of Nottingham, UK
- 3.50 pm** **Q&A Session**

FREE REGISTRATION



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