



11th
ERAS[®]
World Congress

SEPTEMBER
17 > 19 • 2025

TURIN - ITALY
Lingotto
Congress Center

ERAS® Advisory Council

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ERAS® Society Secretariat

The ERAS® Society is delighted to announce that its 2025 Congress will be held from September 17th-19th at the Lingotto Conference Centre in Turin.

This iconic building once housed the FIAT car factory. Turin is a wonderful city of culture and cuisine in Northern Italy, well-served by air, road, and rail. The Congress President is Professor Luca Gianotti from Università degli Studi di Milano-Bicocca and POIS the Italian ERAS Society.

The program will include:

- The ERAS Educational Course (day one)
- Specialty Sessions (day one)
- Two full days of lectures and interactive sessions. There are three keynote lectures, and throughout, leading clinicians and academics will present on all aspects of ERAS® physiology and pathophysiology, including surgery, anesthesia and perioperative medicine, nursing, allied health, and patient experience. We will cover established areas, debate new advances, and look at the role of AI, robots, and databases in improving patient care and outcomes. We will discuss various aspects of implementing ERAS® in high, middle, and low-income countries. We will explore how our guidelines have shaped ERAS® practice.
- Abstract submission: all accepted abstracts presented during the congress will be published in ESPEN Clinical Nutrition.

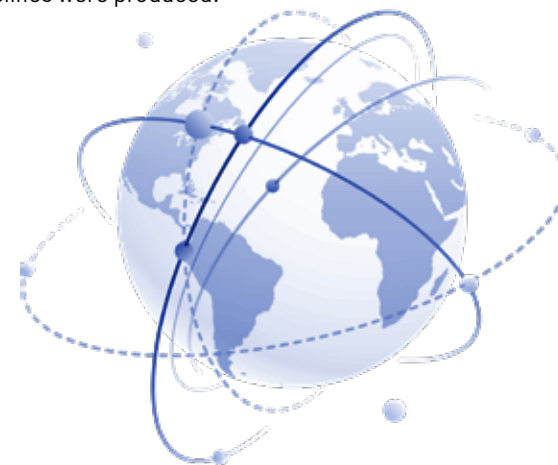
Do join us for a historic meeting as we celebrate 30 years since ERAS concepts were first published and 20 years since our first guidelines were produced!

CONGRESS PRESIDENT

Professor Luca Gianotti (Italy)

ORGANIZING COMMITTEE

Professor William Fawcett (UK) [Chair]
 Professor Ulf Gustafsson (Sweden)
 Dr Kwang Yeong How (Singapore)
 Professor Olle Ljungqvist (Sweden)



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ERAS® Society
 Improving Perioperative Care Worldwide

WEDNESDAY - 17TH SEPTEMBER 2025
EDUCATIONAL & SPECIALTY SESSIONS

08.00 Registration
Industry exhibition opens

08.00>13.00 ERAS® COURSE

Chair persons: Kwang Yeong How, Michael Scott
Facilitator: Vera Lim

08.00>08.15 Introduction
Kwang Yeong How, Michael Scott

08.15>08.45 **ERAS® Fundamentals**
Why and how it works
Timothy Rockall

08.45>09.15 **Nursing in ERAS®**
Angela Balfour

09.15>09.45 **Preoperative medical optimization**
Michael Scott

09.45>10.15 **Perioperative Nutrition**
The right stuff at the right time
Marianna Sioson

10.15>10.45 Tea / coffee & industry exhibition

10.45>11.15 **Anesthesia in ERAS®**
Chris Jones

11.15>11.45 **Surgery in ERAS®**
Kwang Yeong How

11.45>12.15 **Postoperative mobilization**
How soon and how much?
Thomas Wainwright

12.15>12.45 **ERAS® Implementation**
What is the method in the madness?
Speaker TBD

12.45>13.00 **Summary and closing**
Kwang Yeong How, Michael Scott

13.00>14.00 Lunch & industry exhibition

14.00>17.30 FOUR SPECIALITY SESSIONS

(running simultaneously)
Speciality Session Organiser:
Gregg Nelson

OBGYN Chair: Gregg Nelson

Pediatrics Chairs: Megan Brockel, Kyle Rove

Nurses/AHP Chair: Angela Balfour

Urology Chair: William Fawcett


THURSDAY - 18TH SEPTEMBER 2025
CONGRESS PLENARY SESSIONS

07.30>08.00 Registration
Industry exhibition

08.00>08.15 CONGRESS OPENING

Welcome from ERAS® Society
and Italian hosts
Ulf Gustafsson, William Fawcett,
Luca Gianotti

08.15>10.15 SESSION ONE
Delivering ERAS

Chairs: William Fawcett,
Arthur Revhaug

08.15>08.35 **Overview of ERAS® guidelines**
20th Anniversary
Mary Brindle

08.35>08.55 **Colorectal Guidelines**
Ulf Gustafsson

08.55>09.15 **ERATIC: Enhanced recovery after**
trauma and intensive care guidelines
Timothy Hardcastle

09.15>09.35 **Delivering ERAS in Italy**
Marco Catarci

09.35>09.55 **ERAS® database meets AI**
Ulf Gustafsson

09.55>10.15 Discussion

10.15>10.40 Tea / coffee,
Posters & industry exhibition

10.40>11.25 **Keynote: Delivering ERAS®**
in a wartime setting
Ivan Lisnyy
Chairs: Kwang Yeong How, Chris Jones

11.25>13.05 **SESSION TWO**
The cancer continuum
Chair: William Fawcett

11.25>11.45 **Nutrition and sarcopenia**
Nicolo Pecorelli

11.45>12.05 **Reducing the RIOT**
Chris Jones

12.05>12.25 **The role of interventional radiology**
for patients with cancer
Shelley Chapman

12.25>12.45 **Chronic post-surgical pain**
in cancer patients
Flaminia Coluzzi

12.45>13.05 Discussion

13.05>13.45 Lunch
Posters & industry exhibition

13.45>15.25 **SESSION THREE**
LMIC and ERAS®
Chairs: Mary Brindle, Olle Ljungqvist

13.45>14.05 **ERAS in Trauma - adapting to LMIC**
contexts
Timothy Hardcastle

14.05>14.25 **Challenges in ERAS® delivery**
in an LMIC setting
Marianna Sioson

14.25>14.45 **Standardizing anesthesia**
and surgical care in LMICs with
the goal of improving outcomes
Nobhojit Roy

14.45>15.05 **Poor anesthesia outcomes in LMICs**
Kelly McQueen

15.05>15.25 Discussion

15.25>16.10 **Keynote: Artificial Intelligence**
for Surgical Patients
Elena Giovanna Bignami
Chairs: Luca Gianotti,
Tonia Young-Fadok

16.10>16.30 Tea / coffee
Posters & industry exhibition

16.30>17.30 ABSTRACT SESSION

Best Abstracts
Chairs: Gregg Nelson, Michael Scott

FRIDAY - 19TH SEPTEMBER 2025
CONGRESS PLENARY SESSIONS

07.30>08.15	Industry exhibition	10.55>12.55	SESSION FIVE Perioperative Medicine Chairs: Chris Jones, Marianna Sioson
08.15>08.30	Presidential address Luca Gianotti Chair: Ulf Gustafsson	10.55>11.15	CPET: Yesterday's friend Tom Abbott
08.30>10.30	SESSION FOUR Surgical conundrums Chairs: Henrik Kehlet, Nicolò Pecorelli	11.15>11.35	Does neurological monitoring change outcomes? Joana Estilita-Berger
08.30>08.50	Synchronous surgery in cancer Joline DeGroof	11.35>11.55	Stop sending people home anemic! Toby Richards
08.50>09.10	Very early discharge after colorectal surgery. Is it achievable? Is it safe? Timothy Rockall / Jan Stoot	11.55>12.15	Perioperative steroid therapy Henrik Kehlet
09.10>09.30	Minimally Invasive Surgery Is less always more? Kwang Yeong How	12.15>12.35	Prehabilitation Gabriele Baldini
09.30>09.50	Transplanting surgical outcomes by engineering the colonic microbiome James Kinross	12.35>12.55	Discussion
09.50>10.10	Crossing the Blood-Brain Barrier When a surgeon spearheads Goal-Directed Fluid Management Tonia Young-Fadok	12.55>13.40	Lunch Posters & industry exhibition
10.10>10.30	Discussion	13.40>14.25	Keynote: The changing landscape of managing and detecting postoperative complications Michael Scott Chairs: Angela Balfour, Olle Ljungqvist, Timothy Rockall
10.30>10.55	Tea / coffee Posters & industry exhibition	14.25>16.25	SESSION SIX Nursing and AHP session Co-chairs: Angela Balfour, Alessio Rizzo, Monica Rolfo
		14.25>14.45	The Patient Voice' Series Angela Balfour

14.45>15.05	ERAS implications in the use of technology for remote monitoring and alert systems in early discharged patients Alessio Rizzo, Monica Rolfo	17.45>18.15	Prizes and congress closing remarks Ulf Gustafsson, William Fawcett, Luca Gianotti
15.05>15.25	Process of implementation of ERAS nurse team - challenges and outcomes in perioperative care Cassiane de Santana Lemos	18.15	Congress ends
15.25>15.45	Prescription of physical exercise in the preoperative phase Andrea Tognaccini		
15.45>16.05	Elimination of Nutritional Health Disparities is Yet Another Benefit of ERAS Katherine Shumate		
16.05>16.25	Discussion		
16.25>16.45	Tea / coffee Posters & industry exhibition		
16.45>17.45	SESSION SEVEN Early career ERAS® Session Co-chairs Gregg Nelson, William Fawcett		
16.45>17.00	The three S's Nikki Nabavi		
17.00>17.15	Passing the ERAS® torch Steven Bisch		
17.15>17.30	ERAS® for animals Aida Fages Cárceles		
17.30>17.45	Discussion		



Tom Abbott, UK	Nikki Nabavi, UK
Gabriele Baldini, Italy	Gregg Nelson, Canada
Angela Balfour, UK	Nicolò Pecorelli, Italy
Elena Giovanna Bignami, Italy	Arthur Revhaug, Norway
Steven Bisch, Canada	Toby Richards, UK
Mary Brindle, Canada	Alessio Rizzo, Italy
Megan Ann Brockel, USA	Timothy Rockall, UK
Marco Catarci, Italy	Monica Rolfo, Italy
Shelley Chapman, UK	Kyle Rove, USA
Flaminia Coluzzi, Italy	Nobhojit Roy, India
Joline De Groof, Netherlands	Cassiane de Santana Lemos, Brasil
Joana Estilita-Berger, Switzerland	Michael Scott, USA
Aida Fages Cárceles, Spain	Katherine Shumate, USA
William Fawcett, UK	Marianna Sioson, Philippines
Luca Gianotti, Italy	Jan Stoot, Netherlands
Ulf Gustafsson, Sweden	Andrea Tognaccini, Italy
Timothy Craig Hardcastle, South Africa	Thomas Wainwright, UK
Kwang Yeong How, Singapore	Tonia Young-Fadok, USA
Chris Jones, UK	
Henrik Kehlet, Denmark	
James Kinross, UK	
Vera Lim, Singapore	
Ivan Lisnyy, Ukraine	
Olle Ljungqvist, Sweden	
Kelly McQueen, USA	

**Preliminary list*

GENERAL INFORMATION



Click on or frame the QR code to register

REGISTRATION FEES

Early bird fee
Until June 30th
(VAT included)

Standard fee
From July 1st
(VAT included)

FULL CONGRESS - EDUCATIONAL & SPECIALTY SESSIONS INCLUDED

Physician NON Member	850,00 €	950,00 €
Physician ERAS Member	695,00 €	795,00 €
Health Professional NON Member	595,00 €	695,00 €
Health Professional Member	495,00 €	595,00 €
Student/Resident NON Member	450,00 €	550,00 €
Student/Resident Member	350,00 €	450,00 €

CONGRESS ONLY

Physician NON Member	750,00 €	850,00 €
Physician ERAS Member	595,00 €	695,00 €
Health Professional NON Member	495,00 €	595,00 €
Health Professional Member	395,00 €	495,00 €
Student/Resident NON Member	400,00 €	500,00 €
Student/Resident Member	300,00 €	400,00 €

EDUCATIONAL & SPECIALTY SESSIONS ONLY

PAID EXHIBITOR	100,00 €	100,00 €
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EXHIBITION AREA PASS ONLY - DAY PASS

EXHIBITOR JOINT TICKET - BULK TICKET	600,00 €	600,00 €
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Healthcare professionals working in Low and Middle-Income Countries (as classified by the World Bank) are eligible for a 50% discount on the standard registration fee (limited availability).
To qualify, proof of primary residence and/or employment (in English language) in one of the listed countries must be submitted via email to the Organizing Secretariat.

Registration fee include: admittance to scientific sessions, catering services, EACCME-UEMS credits (if achieved), certificate of attendance, congress material.

Cancellation policy
Cancellation of registration must be made in writing, by e-mail to the Organizing Secretariat. 70% of the amount paid will be refunded if the cancellation is received no later than **July 31st, 2025**. No refunds will be given after this date.
Cancellation before July 31st are subject to a € 50,00 handling fee.
All refunds will be processed after the event.

OFFICIAL LANGUAGE

The official language of the Congress is English.

CONTINUING MEDICAL EDUCATION CREDITS

Application for UEMS-EACCME® accreditation will be submitted.

EXHIBITION AREA

A technical exhibiton will take place throughout the congress.



CALL FOR ABSTRACTS

The Congress Organizing Committee invites participants to submit abstracts of original and unpublished works.
Only abstracts that contain original data (including qualitative studies, systematic reviews and meta-analyses) can be submitted.



All abstracts must be formally submitted via the online abstract submission system.
Abstracts submitted via email will not be considered.
Click on or frame the QR code to submit your abstract.

Submission deadline
Sunday, May 25th (11.59 pm CET)
Abstracts received after this date will not be accepted.
Language: English only

Notification of Acceptance
The Presenting Author of each abstract accepted will be notified by email by Thursday, June 12th.
If the Presenting Author is unable to present the abstract, a co-author can take his/her place.

Type of presentation
All the accepted abstracts will be presented as posters on September 18th and 19th and published in the Clinical Nutrition ESPEN Journal.
Some abstracts will also be selected for oral presentation during the Congress Plenary Session on September 18th.
Registration for the Congress is mandatory for the presentation of the abstract.
The same author can present a maximum of 3 abstracts included in one registration fee.

Publication
Abstracts will be published exactly as submitted. Any abstract considered unsuitable for reproduction will not be published. Please note that only accepted abstracts that are presented at the Congress will be published. No show abstracts will NOT be published.
In cases of abstracts with extremely poor English, the Abstract Selection Committee reserves the right to modify the submitted text. The Abstract Selection Committee however will make every effort in these instances not to alter the meaning of the text and will contact the submitting authors prior to publication.



CONGRESS VENUE

Lingotto Conference Center

Via Nizza 280 - 10126 Turin (Italy)

Originally FIAT's first automobile factory and once the largest in Europe, the Lingotto is now a renowned industrial landmark. Transformed by architect Renzo Piano, it has become a dynamic multifunctional center and a hub of innovation.

How to reach the Congress Venue

The Lingotto Conference Centre is located at 280 via Nizza, just 10 minutes away from the City Centre and Railway Stations.

Entrances:

- **Via Nizza 280**
Pedestrian access and drop-off entrance for private buses
Just in front of the Metro Line 1 exit, LINGOTTO stop
Lingotto taxi drop off (www.taxitorino.it) - ph. +39 011 9999 or 5730 or 5737)
- **Via Nizza 280 bis and Via Nizza 230**
Entrance to underground parking - hourly and daily rates (www.lingottoparking.com)

How to get there

- **From the Sandro Pertini Turin International Airport** (www.aeroportoditorino.it)
Bus services are provided (about 45 min.) to the Turin Porta Nuova and Turin Porta Susa railway stations
Details and timetable at <https://torino.arriva.it>
- Turin is also directly connected by daily bus rides **from the "Malpensa 2000" Intercontinental Airport** (approx. 100 km)
Details and timetable at <https://torino.arriva.it>
- **From the Turin Porta Nuova and Turin Porta Susa Railway Stations and the City Centre**
Take Metro Line 1 toward BENGASI and exit at LINGOTTO.
Public transportation info is available from www.gtt.to.it
- **From the Turin Lingotto Railway Station**
Use the Olympic footbridge from Lingotto Station (open 07:00-22:00).
It's approximately a 20-minute walk.
- **From Motorways**
Take Tangenziale Sud, exit at Corso Unità d'Italia and follow signs for Lingotto



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ACCOMMODATION

Turin offers a wide range of accommodation options, including numerous hotels and B&Bs to suit different preferences and budgets.

For convenience, we highlight three hotels located just a short walk from the Congress venue. Special Congress rates are available when booking through the dedicated link indicated below:

- **NH Lingotto Congress 4*** - Via Nizza, 262
<https://www.nh-hotels.com/en/event/11th-eras-world-congress>
- **DoubleTree by Hilton Turin Lingotto 4*** - Via Giacomo Mattè Trucco, 1
<https://www.hilton.com/en/attend-my-event/my-event-hilton-com-eras/>
- **AC Hotel by Marriott Torino 4*** - Via Bisalta, 11
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1741253550796&key=GRP&questreslink2=true&app=resvlink>

Participants are encouraged to book their stay in advance to secure their preferred accommodation.

MORE INFORMATION AT WWW.ERASSOCIETY.ORG

ORGANIZING SECRETARIAT

N O E M A

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