



11th
ERAS[®]
World Congress

SEPTEMBER
17 > 19 • 2025

TURIN - ITALY
Lingotto
Congress Center

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ERAS® Society Secretariat

The ERAS® Society is delighted to announce that its 2025 Congress will be held from September 17th-19th at the Lingotto Conference Centre in Turin.

This iconic building once housed the FIAT car factory. Turin is a wonderful city of culture and cuisine in Northern Italy, well-served by air, road, and rail. The Congress President is Professor Luca Gianotti from Università degli Studi di Milano-Bicocca and POIS the Italian ERAS Society.

The program will include:

- The ERAS Educational Course (day one)
- Specialty Sessions (day one)
- Two full days of lectures and interactive sessions. There are three keynote lectures, and throughout, leading clinicians and academics will present on all aspects of ERAS® physiology and pathophysiology, including surgery, anesthesia and perioperative medicine, nursing, allied health, and patient experience. We will cover established areas, debate new advances, and look at the role of AI, robots, and databases in improving patient care and outcomes. We will discuss various aspects of implementing ERAS® in high, middle, and low-income countries. We will explore how our guidelines have shaped ERAS® practice.
- Abstract submission: all accepted abstracts presented during the congress will be published in ESPEN Clinical Nutrition.

Do join us for a historic meeting as we celebrate 30 years since ERAS concepts were first published and 20 years since our first guidelines were produced!

CONGRESS PRESIDENT

Professor Luca Gianotti (Italy)

ORGANIZING COMMITTEE

Professor William Fawcett (UK) [Chair]
 Professor Ulf Gustafsson (Sweden)
 Dr Kwang Yeong How (Singapore)
 Professor Olle Ljungqvist (Sweden)



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ERAS® Society
Improving Perioperative Care Worldwide

SEPTEMBER 17THMORNING: ERAS[®] COURSE

- ERAS[®] Fundamentals – Why and how it works
- Nursing In ERAS[®]
- Preoperative medical optimization
- Perioperative Nutrition – The right stuff at the right time
- Anesthesia in ERAS[®]
- Surgery in ERAS[®]
- Postoperative mobilization – How soon and how much?
- ERAS[®] Implementation – What is the method in the madness

AFTERNOON: SPECIALTY SESSIONS (running simultaneously)

- Nursing/AHP
- Pediatrics
- ObGyn
- Urology

SEPTEMBER 18TH

CONGRESS PLENARY SESSIONS

Delivering ERAS[®]

- Overview of ERAS[®] guidelines – 20th Anniversary
- Colorectal Guidelines
- ERATIC: Enhanced recovery after trauma and intensive care guidelines
- Delivering ERAS[®] in Italy
- ERAS[®] database meets AI

Keynote lecture: Delivering ERAS[®] in a wartime setting

The cancer continuum

- Nutrition and sarcopenia
- Reducing the RIOT
- The role of interventional radiology for patients with cancer
- Chronic post-surgical pain in cancer patients

LMIC and ERAS[®]

- ERAS[®] in Trauma – adapting to LMIC contexts
- Challenges in ERAS[®] delivery in an LMIC
- Standardizing anesthesia and surgical care in LMICs with the goal of improving outcomes
- Poor anesthesia outcomes in LMICs

Keynote lecture: Artificial Intelligence for Surgical Patients

Best abstracts

SEPTEMBER 19TH

CONGRESS PLENARY SESSIONS

Surgical conundrums

- Synchronous surgery in cancer
- Very early discharge after colorectal surgery. Is it achievable? Is it safe?
- Minimally Invasive Surgery – is less always more?
- Transplanting surgical outcomes by engineering the colonic microbiome
- Crossing the Blood-Brain Barrier – when a surgeon spearheads Goal-Directed Fluid Management

Perioperative Medicine

- CPET: Yesterday's friend
- Does neurological monitoring change outcomes?
- Stop sending people home anemic!
- Perioperative steroid therapy
- Prehabilitation

Keynote lecture: The changing landscape of managing and detecting postoperative complications

Nursing and AHP Session

- 'The Patient Voice' Series
- ERAS[®] implications in the use of technology for remote monitoring and alert systems in early discharged patients
- Process of implementation of ERAS[®] nurse time – challenges and outcomes in perioperative care
- Prescription of physical exercise in the preoperative phase
- Elimination of Nutritional Health Disparities

Early career ERAS[®] Session

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Tom Abbott (UK)
 Gabriele Baldini (Italy)
 Angie Balfour (UK)
 Elena Giovanna Bignami (Italy)
 Mary Brindle (Canada)
 Megan Brockel (USA)
 Marco Catarci (Italy)
 Shelley Chapman (UK)
 Flaminia Coluzzi (Italy)
 Joline De Groof (Netherlands)
 Joana Estilata-Berger (Switzerland)
 William Fawcett (UK)
 Luca Gianotti (Italy)
 Ulf Gustafsson (Sweden)
 Tim Hardcastle (South Africa)
 Kwang Yeong How (Singapore)
 Chris Jones (UK)
 Henrik Kehlet (Denmark)
 James Kinross (UK)
 Vera Lim (Singapore)
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 Kelly McQueen (USA)
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 Nicolò Pecorelli (Italy)
 Toby Richards (UK)

Alessio Rizzo (Italy)
 Tim Rockall (UK)
 Monica Rolfo (Italy)
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 Michael Scott (USA)
 Katherine Shumate (USA)
 Marianna Sioson (Philippines)
 Andrea Tognaccini (Italy)
 Tom Wainwright (UK)
 Tonia Young-Fadok (USA)

**Preliminary list*



Click on or frame the QR code to register

REGISTRATION FEES

Early bird fee
Until June 30th
(VAT included)

Standard fee
From July 1st
(VAT included)

FULL CONGRESS - EDUCATIONAL & SPECIALTY SESSIONS INCLUDED

Physician NON Member	850,00 €	950,00 €
Physician ERAS Member	695,00 €	795,00 €
Health Professional NON Member	595,00 €	695,00 €
Health Professional Member	495,00 €	595,00 €
Student/Resident NON Member	450,00 €	550,00 €
Student/Resident Member	350,00 €	450,00 €

CONGRESS ONLY

Physician NON Member	750,00 €	850,00 €
Physician ERAS Member	595,00 €	695,00 €
Health Professional NON Member	495,00 €	595,00 €
Health Professional Member	395,00 €	495,00 €
Student/Resident NON Member	400,00 €	500,00 €
Student/Resident Member	300,00 €	400,00 €

EDUCATIONAL & SPECIALTY SESSIONS ONLY

PAID EXHIBITOR	100,00 €	100,00 €
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EXHIBITION AREA PASS ONLY - DAY PASS

EXHIBITOR JOINT TICKET - BULK TICKET	600,00 €	600,00 €
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Healthcare professionals working in Low and Middle-Income Countries (as classified by the World Bank) are eligible for a 50% discount on the standard registration fee (limited availability).

To qualify, proof of primary residence and/or employment (in English language) in one of the listed countries must be submitted via email to the Organizing Secretariat.

Registration fee include: admittance to scientific sessions, catering services, EACCME-UEMS credits (if achieved), certificate of attendance, congress material.

Cancellation policy

Cancellation of registration must be made in writing, by e-mail to the Organizing Secretariat. 70% of the amount paid will be refunded if the cancellation is received no later than **July 31st, 2025**. No refunds will be given after this date.

Cancellation before July 31st are subject to a € 50,00 handling fee. All refunds will be processed after the event.

OFFICIAL LANGUAGE

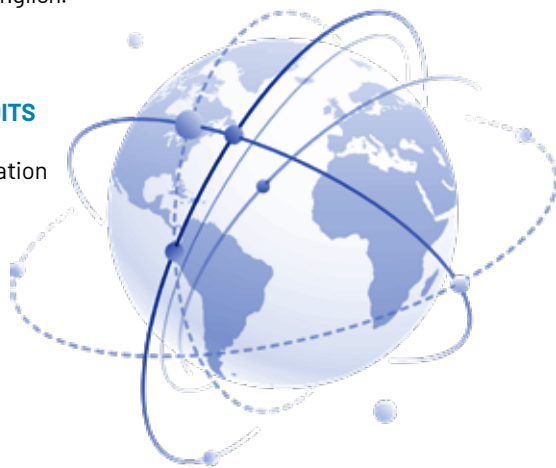
The official language of the Congress is English.

CONTINUING MEDICAL EDUCATION CREDITS

Application for UEMS-EACCME® accreditation will be submitted.

EXHIBITION AREA

A technical exhibiton will take place throughout the congress.



CALL FOR ABSTRACTS

The Congress Organizing Committee invites participants to submit abstracts of original and unpublished works.

Only abstracts that contain original data (including qualitative studies, systematic reviews and meta-analyses) can be submitted.



All abstracts must be formally submitted via the online abstract submission system. Abstracts submitted via email will not be considered. Click on or frame the QR code to submit your abstract.

Submission deadline

Sunday, May 25th (11.59 pm CET)

Abstracts received after this date will not be accepted.

Language: English only

Notification of Acceptance

The Presenting Author of each abstract accepted will be notified by email by Thursday, June 12th. If the Presenting Author is unable to present the abstract, a co-author can take his/her place.

Type of presentation

All the accepted abstracts will be presented as posters on September 18th and 19th and published in the Clinical Nutrition ESPEN Journal.

Some abstracts will also be selected for oral presentation during the Congress Plenary Session on September 18th.

Registration for the Congress is mandatory for the presentation of the abstract.

The same author can present a maximum of 3 abstracts included in one registration fee.

Publication

Abstracts will be published exactly as submitted. Any abstract considered unsuitable for reproduction will not be published. Please note that only accepted abstracts that are presented at the Congress will be published. No show abstracts will NOT be published.

In cases of abstracts with extremely poor English, the Abstract Selection Committee reserves the right to modify the submitted text. The Abstract Selection Committee however will make every effort in these instances not to alter the meaning of the text and will contact the submitting authors prior to publication.



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CONGRESS VENUE

Lingotto Conference Center

Via Nizza 280 - 10126 Turin (Italy)
Originally FIAT's first automobile factory and once the largest in Europe, the Lingotto is now a renowned industrial landmark. Transformed by architect Renzo Piano, it has become a dynamic multifunctional center and a hub of innovation.

How to reach the Congress Venue

The Lingotto Conference Centre is located at 280 via Nizza, just 10 minutes away from the City Centre and Railway Stations.

Entrances:

- **Via Nizza 280**
Pedestrian access and drop-off entrance for private buses
Just in front of the Metro Line 1 exit, LINGOTTO stop
Lingotto taxi drop off (www.taxitorino.it) - ph. +39 011 9999 or 5730 or 5737)
- **Via Nizza 280 bis and Via Nizza 230**
Entrance to underground parking - hourly and daily rates (www.lingottoparking.com)

How to get there

- **From the Sandro Pertini Turin International Airport** (www.aeroportoditorino.it)
Bus services are provided (about 45 min.) to the Turin Porta Nuova and Turin Porta Susa railway stations
Details and timetable at <https://torino.arriva.it>
- Turin is also directly connected by daily bus rides **from the "Malpensa 2000" Intercontinental Airport** (approx. 100 km)
Details and timetable at <https://torino.arriva.it>
- **From the Turin Porta Nuova and Turin Porta Susa Railway Stations and the City Centre**
Take Metro Line 1 toward BENGASI and exit at LINGOTTO.
Public transportation info is available from www.gtt.to.it
- **From the Turin Lingotto Railway Station**
Use the Olympic footbridge from Lingotto Station (open 07:00-22:00).
It's approximately a 20-minute walk.
- **From Motorways**
Take Tangenziale Sud, exit at Corso Unità d'Italia and follow signs for Lingotto



ACCOMMODATION

Turin offers a wide range of accommodation options, including numerous hotels and B&Bs to suit different preferences and budgets.

For convenience, we highlight three hotels located just a short walk from the Congress venue. Special Congress rates are available when booking through the dedicated link indicated below:

- **NH Lingotto Congress 4*** - Via Nizza, 262
<https://www.nh-hotels.com/en/event/11th-eras-world-congress>
- **DoubleTree by Hilton Turin Lingotto 4*** - Via Giacomo Mattè Trucco, 1
<https://www.hilton.com/en/attend-my-event/my-event-hilton-com-eras/>
- **AC Hotel by Marriott Torino 4*** - Via Bisalta, 11
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1741253550796&key=GRP&questreslink2=true&app=resvlink>

Participants are encouraged to book their stay in advance to secure their preferred accommodation.

MORE INFORMATION AT WWW.ERASSOCIETY.ORG



ORGANIZING SECRETARIAT

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