



**11<sup>th</sup>**  
**ERAS<sup>®</sup>**  
**World Congress**

**SEPTEMBER**  
**17 > 19 • 2025**

**TURIN - ITALY**  
Lingotto  
Congress Center

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## WELCOME MESSAGE

The ERAS<sup>®</sup> Society is delighted to present its 2025 Congress to be held from September 17<sup>th</sup>-19<sup>th</sup> at the Lingotto Conference Centre in Turin.

This iconic building once housed the FIAT car factory. Turin is a wonderful city of culture and cuisine in Northern Italy. The Congress President is Professor Luca Gianotti from Università degli Studi di Milano-Bicocca and POIS the Italian ERAS<sup>®</sup> Society.

The program will include:

- The ERAS<sup>®</sup> Educational Course (day one)
- Specialty Sessions (day one)
- Two full days of lectures and interactive sessions.

There will be three keynote lectures, and throughout, leading clinicians and academics will present on all aspects of ERAS<sup>®</sup> physiology and pathophysiology, including surgery, anesthesia and perioperative medicine, nursing, allied health, and patient experience. We will cover established areas, debate new advances, and look at the role of AI, robots, and databases in improving patient care and outcomes. We will discuss various aspects of implementing ERAS<sup>®</sup> in high, middle, and low-income countries. We will explore how our guidelines have shaped ERAS<sup>®</sup> practice.

- All accepted abstracts presented during the congress will be published in *ESPEN Clinical Nutrition*.

A historic meeting as we celebrate 30 years since ERAS<sup>®</sup> concepts were first published and 20 years since our first guidelines were produced!

### CONGRESS PRESIDENT

Professor Luca Gianotti (Italy)

### ORGANIZING COMMITTEE

Professor William Fawcett (UK) [Chair]

Associate Professor Ulf Gustafsson (Sweden)

Dr Kwang Yeong How (Singapore)

Professor Olle Ljungqvist (Sweden)



## CONGRESS OVERVIEW

WEDNESDAY - 17 <sup>TH</sup> SEPTEMBER 2025	Time	Sala Londra	Sala Madrid	Sala Lisbona	Sala Parigi
	07.30 > 08.00	Registration · Industry exhibition opens			
	08.00 > 13.00	ERAS <sup>®</sup> Course			
	13.00 > 14.00	Lunch · Industry Exhibition			
	14.00 > 17.30	SPECIALTY SESSION 3 ERAS <sup>®</sup> Nursing AHP & ANP Subspecialty Session	SPECIALTY SESSION 1 ERAS <sup>®</sup> Obstetrics & Gynecology Group Symposium	SPECIALTY SESSION 2 ERAS <sup>®</sup> Society Pediatric Forum "Pediatric ERAS <sup>®</sup> : Start To Finish"	SPECIALTY SESSION 4 ERAS <sup>®</sup> Urology Specialty Session
	Tea / coffee · Industry exhibition (scheduled within each session)				
17.30 > 19.00	French Speaking ERAS <sup>®</sup> Nursing Group Symposium				

THURSDAY - 18 <sup>TH</sup> SEPTEMBER 2025	Time	Sala 500	Sala Londra	Sala Madrid
	07.30 > 08.00	Registration · Industry exhibition		
	08.00 > 10.15	CONGRESS PLENARY SESSIONS		
	10.15 > 10.40	Tea / coffee · Posters & industry exhibition		
	10.40 > 13.00	CONGRESS PLENARY SESSIONS		
	13.00 > 13.45	Lunch · Poster & Industry Exhibition		
		LUNCHEON SYMPOSIUM #2	LUNCHEON SYMPOSIUM #1	LUNCHEON SYMPOSIUM #3
	13.45 > 16.10	CONGRESS PLENARY SESSIONS		
	16.10 > 16.30	Tea / coffee · Posters & industry exhibition		
	16.30 > 18.00	CONGRESS PLENARY SESSIONS		
18.00	Welcome reception			

FRIDAY - 19 <sup>TH</sup> SEPTEMBER 2025	Time	Sala 500	Sala Madrid	Sala Lisbona
	07.30 > 08.15	Industry exhibition		
	08.15 > 10.30	CONGRESS PLENARY SESSIONS		
	10.30 > 10.55	Tea / coffee · Posters & industry exhibition		
	10.55 > 12.55	CONGRESS PLENARY SESSIONS		
	12.55 > 13.40	Lunch · Poster & Industry Exhibition		
		LUNCHEON SYMPOSIUM #4	LUNCHEON SYMPOSIUM #5	ERAS <sup>®</sup> LMIC Committee Meeting
	13.40 > 18.15	CONGRESS PLENARY SESSIONS		
18.15 > 19.15	ERAS <sup>®</sup> General Assembly Meeting			

WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LONDRA

07.30>08.00 **Registration**  
Industry exhibition opens

**08.00>13.00 ERAS® COURSE**

Chair persons: Kwang Yeong How, Michael Scott

Facilitator: Vera Lim Qinyi

08.00>08.15 **Introduction**  
Kwang Yeong How, Michael Scott

08.15>08.45 **ERAS® Fundamentals**  
**Why and how it works**  
Timothy Rockall

08.45>09.15 **Nursing In ERAS®**  
Angie Balfour

09.15>09.45 **Preoperative medical optimization**  
Michael Scott

09.45>10.15 **Perioperative Nutrition**  
**The right stuff at the right time**  
Marianna Sioson

10.15>10.45 **Tea / coffee & industry exhibition**

10.45>11.15 **Anesthesia in ERAS®**  
Chris Jones

11.15>11.45 **Surgery in ERAS®**  
Kwang Yeong How

11.45>12.15 **Postoperative mobilization**  
**How soon and how much?**  
Thomas Wainwright

12.15>12.45 **ERAS® Implementation**  
**What is the method in the madness?**  
Vera Lim Qinyi

12.45>13.00 **Summary and closing**  
Chris Jones, Vera Lim Qinyi,  
Michael Scott

13.00>14.00 **Lunch & industry exhibition**

WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA MADRID

## SPECIALTY SESSION 1

ERAS<sup>®</sup> OBSTETRICS & GYNECOLOGY GROUP SYMPOSIUMChair: *Gregg Nelson* | Opening Remarks: *Pedro T. Ramirez*

14.00>14.40	<p><b>SESSION I</b>  <b>RAPID FIRE DEBATES ERAS<sup>®</sup> IN GYNECOLOGIC SURGERY</b>  Moderator: <i>Pedro T Ramirez</i>  Debaters: <i>Clara Santia, Matteo Marchetti, Tommaso Meschini, Elise Yates, Stephanie Gill, Jose Carlos Vilches, Teresa Pan, Susanna Delfrati</i></p> <p><b>Glycemic Control: HbA1c and Perioperative Glucose Measurements (10 mins)</b></p> <ul style="list-style-type: none"> <li>• ALWAYS: <i>Susanna Delfrati</i></li> <li>• SELECT CASES: <i>Teresa Pan</i></li> </ul> <p><b>Best Regional Blocks for Open Abdominal Surgery (10 mins)</b></p> <ul style="list-style-type: none"> <li>• TAP BLOCK: <i>Stephanie Gill</i></li> <li>• WOUND INFILTRATION: <i>Matteo Marchetti</i></li> </ul> <p><b>VTE Prophylaxis in Open Surgery for Adnexal Masses (10 mins)</b></p> <ul style="list-style-type: none"> <li>• ALWAYS: <i>Elise Yates</i></li> <li>• SELECT CASES: <i>Tommaso Meschini</i></li> </ul> <p><b>Normothermia in the Perioperative Period: Feasibility of Compliance (10 mins)</b></p> <ul style="list-style-type: none"> <li>• FEASIBLE: <i>Jose Carlos Vilches</i></li> <li>• IMPOSSIBLE: <i>Clara Santia</i></li> </ul>	14.40>15.40	<p><b>SESSION II</b>  <b>UPDATES AND BARRIERS TO COMPLIANCE</b>  Moderator: <i>Alessandro Buda</i></p>
		14:40>15:00	<p><b>ERAS<sup>®</sup> Society Cesarean Guidelines – 2025 Update</b>  <i>Pervez Sultan</i></p>
		15.00>15.20	<p><b>Anesthesia Updates in ERAS<sup>®</sup> Gynecologic Surgery</b>  <i>Gabriel Mena</i></p>
		15.20>15.40	<p><b>Challenges in Data Collection and Measures of Compliance</b>  <i>Paula Mateo</i></p>
		15.40>16.50	<p><b>SESSION III</b>  <b>LITERATURE REVIEW AND RECENT RESEARCH</b>  Moderators: <i>Jose Soliz, Pervez Sultan</i></p>
		15.40>16.00	<p><b>Overview of Literature Highlights (2024–2025)</b>  <i>Kevin Elias</i></p>
		16.00>16.40	<p><b>Abstract Session</b>  * <a href="#">Abstract details follow on page 15</a></p>
		16.40>16.50	<p>Q&amp;A</p>
		16.50>17.20	<p><b>SESSION IV</b>  <b>FUTURE OF ERAS<sup>®</sup> IN OBGYN</b>  Moderator: <i>Kevin Elias</i></p>
		16.50>17.10	<p><b>ERAS<sup>®</sup> is Standard of Care: Where to Go from Here?</b>  <i>Gregg Nelson</i></p>
		17.10>17.30	<p>Discussion</p> <p>Closing Remarks  <i>Gregg Nelson</i></p>

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WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LISBONA

## SPECIALTY SESSION 2

ERAS<sup>®</sup> SOCIETY PEDIATRIC FORUM "PEDIATRIC ERAS<sup>®</sup>: START TO FINISH"

Chairs: Megan Brockel, Kyle Rove

14.00>14.05	<b>Welcome</b> <i>Kyle Rove</i>	15.40>15.50	<b>Panel discussion and Q&amp;A</b> Moderator: <i>Kyle Rove</i> Panelists: <i>Mehul Raval, Christian Taylor, Martin Blakely</i>
14.05>14.10	<b>Introductions</b> <i>Megan Brockel</i>		
	<b>PART A: PROTOCOLS</b>	15.50>16.00	<b>Break</b> (show REDCap attendance survey QR code)
14.10>14.15	<b>Pediatric Surgery (colorectal, pectus, appy, bariatric, oncology)</b> <i>Mehul Raval</i>		<b>PART C: AUDITS</b>
14.15>14.20	<b>Urology Protocols (recon, non-recon, stones, gyn)</b> <i>Yvonne Chan</i>	16.00>16.10	<b>Data collection and auditing: Not too much, not too little, just right!</b> <i>Kyle Rove</i>
14.20>14.25	<b>ENT protocol (microtia, cleft palate)</b> <i>Megan Brockel</i>	16.10>16.20	<b>Providing feedback to teams (to whom, how much info, and frequency)</b> <i>Mehul Raval</i>
14.25>14.30	<b>Plastics (alveolar bone graft, breast surgery)</b> <i>Kyle Rove</i>	16.20>16.50	<b>Panel discussion</b> Moderator: <i>Mehul Raval</i> Panelists: <i>Kyle Rove, Megan Brockel</i>
14.30>14.35	<b>ERAS<sup>®</sup> implementation in ambulatory surgery</b> <i>Paul Merguerian</i>	16.50>17.00	<b>Break</b> (show REDCap attendance survey QR code)
14.35>14.50	<b>Panel discussion and Q&amp;A</b>		<b>PART D: FUTURE OF ERAS<sup>®</sup> SOCIETY PEDIATRICS</b>
14.50>15.00	<b>Break</b> (show REDCap attendance survey QR code)	17.00>17.10	<b>Society Involvement - we need help and international representation consider open nomination for at large members to join our leadership</b> <i>Kyle Rove, Megan Brockel, Mehul Raval</i>
	<b>PART B: IMPLEMENTATION</b>		
15.00>15.10	<b>Q1 101 (Kotter's 9 steps, identify stakeholders, obtain buy in)</b> <i>Yvonne Chan</i>	17.10>17.15	<b>White Papers / Guidelines Development</b> <i>Mary Brindle</i>
15.10>15.25	<b>Error Traps in Implementation</b> <i>Christian Taylor</i>		
15.25>15.40	<b>How local context matters for ERAS<sup>®</sup> implementation</b> <i>Martin Blakely</i>	17.15>17.30	<b>Q+A and Networking</b>

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WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LONDRA

## SPECIALTY SESSION 3

ERAS<sup>®</sup> NURSING, AHP & ANP SUBSPECIALTY SESSION

Chair: Angie Balfour

14.00>14.05	Introduction and Session Overview <i>Angie Balfour</i>	16.00>16.45	<b>SESSION 3 IMPLEMENTATION &amp; PERSISTENT CHALLENGES</b> Chairs: Alessio Rizzo, Monica Rolfo, Angie Balfour
14.05>14.50	<b>SESSION 1 TECHNOLOGY &amp; ERAS<sup>®</sup></b> Chair: Jeanette Opsahl Fladeby, José Ant. Jerez González	16.00>16.15	<b>What is an ERAS<sup>®</sup> nurse? What qualifications and training is required? Development of an ERAS<sup>®</sup> Nurse Education module</b> <i>Jaymee Sanchez</i>
14.05>14.20	<b>Use of POCUS pre and postoperative - improve the practice of perioperative nurse</b> <i>Cassiane de Santana Lemos</i>	16.15>16.30	<b>Evidence alone isn't enough to change practice : multidisciplinary insights on ERAS<sup>®</sup> barriers using a standardized framework</b> <i>Allyson Cochran [pre-rec talk]</i>
14.20>14.35	<b>The role of Nursing and AHPs in data collection and the integration of health technology and artificial intelligence to optimize secure and efficient data entry</b> <i>José Ant. Jerez González</i>	16.30>16.45	<b>ERAS<sup>®</sup> implementation: barriers and challenges, experience feedback from Croix-Rousse Hospital Lyon - France</b> <i>Doriane Lioni</i>
14.35>14.50	<b>Digitising fluid balance charting in surgical pathways</b> <i>Lisbeth Leinum</i>	16.45>17.30	<b>Abstract Session *</b> Chairs: Dorthe Hjort Jakobsen, Angie Balfour <i>* Abstract details follow on page 16</i>
14.50>15.35	<b>SESSION 2 AHPS &amp; ERAS<sup>®</sup></b> Chair: Thomas Wainwright	17.30	<b>Closing Remarks</b> <i>Angie Balfour</i>
14.50>15.05	<b>Nutritional Screening Are we getting it right?</b> <i>Marianna Sioson</i>	17.30>19.00	<b>FRENCH SPEAKING ERAS<sup>®</sup> NURSING GROUP SYMPOSIUM</b>
15.05>15.20	<b>Optimisation of nutritional status in patients who have undergone cystectomy and followed an ERAS<sup>®</sup> program</b> <i>Jakob Hundebøll, Ane Rytter</i>	17.30>17.40	<b>Introduction</b> <i>Florence Abraham, Christine Hoarau</i>
15.20>15.35	<b>General discussion and Q&amp;A</b> <i>Thomas Wainwright</i>	17.40>18.00	<b>L'infirmière coordinatrice ERAS<sup>®</sup>: un levier clé pour l'intégration du patient partenaire</b> <i>Chloé Masini Faron, Fanny Allano</i>
15.35>16.00	<b>Break</b>	18.00> 18.20	<b>3 disciplines, 1 organisation</b> <i>Delphine Merlay, Laetitia Michaud</i>
		18.20>18.40	<b>Titre à définir</b>
		18.40>19.00	<b>Questions et clôture</b>

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WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA PARIGI

## SPECIALTY SESSION 4

**ERAS® UROLOGY SPECIALTY SESSION**Chairs: *Sia Daneshmand and Saum Ghodoussipour*

14.00>14.10	<b>Welcome &amp; Introduction</b> <i>Saum Ghodoussipour, Sia Daneshmand</i>	16.05>16.35	<b>ERAS® beyond Cystectomy</b> Standardizing pathways on Focal therapy for Prostate Cancer: how can we manage and reduce complications? <i>Giancarlo Marra</i>
14.10>14.25	<b>Preoperative Optimization - Patient Selection &amp; Counseling</b> <i>Ilaria Lucca</i>		Perioperative management in PCNL/ECIRS <i>Eugenia Vercelli</i>
14.25>14.40	<b>Role of Anesthesia in GU ERAS® Pathways</b> <i>William Fawcett</i>		Utilizing Artificial Intelligence to improve outcomes after Robotic Surgery <i>Federico Lavagno</i>
14.40>14.55	<b>Nutritional Strategies in ERAS®</b> <i>Jill Hamilton-Reeves</i>	16.35>16.50	<b>Implementation and Administrative Challenges in ERAS®</b> <i>Stephen Williams</i>
14.55>15.10	<b>Nursing Leadership in ERAS® Implementation</b> <i>Susanne Vahr Lauridsen, Bente Thoft Jensen</i>	16.50>17.05	<b>Ambulatory ERAS®</b> <i>Vignesh Packiam</i>
15.10>15.30	Break	17.05>17.30	<b>Closing Remarks / Q&amp;A</b> <i>Saum Ghodoussipour, Sia Daneshmand</i>
15.30>15.45	<b>ERAS® in Urology: A local perspective</b> <i>Vittorio Canale</i>		
15.45-16.05	<b>The importance of surgical technique in optimizing outcomes after radical cystectomy</b> <i>Sima Porten, Mark Preston</i>		

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THURSDAY - 18<sup>TH</sup> SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

SALA 500

- 07.30>08.00 Registration  
Industry exhibition
- 08.00>08.15 **CONGRESS OPENING**  
**Welcome from ERAS<sup>®</sup> Society and Italian hosts**  
*Ulf Gustafsson, William Fawcett, Luca Gianotti*
- 08.15>10.15 **SESSION 1**  
**DELIVERING ERAS<sup>®</sup>**  
Chairs: *William Fawcett, Arthur Revhaug*
- 08.15>08.35 **Overview of ERAS<sup>®</sup> guidelines 20th Anniversary**  
*Mary Brindle*
- 08.35>08.55 **Colorectal Guidelines**  
*Ulf Gustafsson*
- 08.55>09.15 **ERATIC: Enhanced recovery after trauma and intensive care guidelines**  
*Timothy Hardcastle*
- 09.15>09.35 **Delivering ERAS<sup>®</sup> in Italy**  
*Marco Catarci*
- 09.35>09.55 **ERAS<sup>®</sup> database meets AI**  
*Ulf Gustafsson*
- 09.55>10.15 Discussion
- 10.15>10.40 Tea / coffee,  
Posters & industry exhibition
- 10.40>11.25 **KEYNOTE: Kehlet Lecture Delivering ERAS<sup>®</sup> in a wartime setting**  
**Ivan Lisny**  
Chairs: *Kwang Yeong How, Chris Jones*
- 11.25>13.05 **SESSION 2**  
**THE CANCER CONTINUUM**  
Chair: *Angie Balfour, William Fawcett*
- 11.25>11.45 **Nutrition and sarcopenia**  
*Nicolo Pecorelli*
- 11.45>12.05 **Reducing the RIOT**  
*Chris Jones*
- 12.05>12.25 **Gyne-oncology ERAS<sup>®</sup>: harmonizing surgery and oncology**  
*Gregg Nelson*
- 12.25>12.45 **Chronic post-surgical pain in cancer patients**  
*Flaminia Coluzzi*
- 12.45>13.05 Discussion
- SALA 500 • SALA LONDRA • SALA MADRID
- 13.05>13.45 **Poster & Industry Exhibition IN PARALLEL**  
• Luncheon Symposia
- 13.45>15.25 **SESSION 3**  
**LMIC AND ERAS<sup>®</sup>**  
Chairs: *Mary Brindle, Olle Ljungqvist*
- 13.45>14.05 **ERAS<sup>®</sup> in Trauma - adapting to LMIC contexts**  
*Timothy Hardcastle*
- 14.05>14.25 **Challenges in ERAS<sup>®</sup> delivery in an LMIC setting**  
*Marianna Sioson*
- 14.25>14.45 **Standardizing anesthesia and surgical care in LMICs with the goal of improving outcomes**  
*Nobhojit Roy*
- 14.45>15.05 **Poor anesthesia outcomes in LMICs**  
*Kelly McQueen*
- 15.05>15.25 Discussion
- 15.25>16.10 **KEYNOTE: Ljungqvist Lecture Artificial Intelligence for Surgical Patients**  
**Elena Giovanna Bignami**  
Chairs: *Luca Gianotti, Tonia Young-Fadok*
- 16.10>16.30 Tea / coffee  
Posters & industry exhibition
- 16.30>17.40 **ABSTRACT SESSION\***  
**Best Abstracts**  
Chairs: *Gregg Nelson, Michael Scott*  
*\* Abstract details follow on page 17*
- 17.40>18.00 **The Value Delivered by ERAS<sup>®</sup> Qualified Centers: Perspectives and Barriers to Sharing and Disseminating Best Practices**  
*Felice Borghi*
- 18.00 Welcome reception
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FRIDAY - 19<sup>TH</sup> SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

## SALA 500

- |  |   |
|--|---|
| <p>07.30&gt;08.15 Industry exhibition</p> <p>08.15&gt;08.30 <b>Presidential address</b><br/><i>Luca Gianotti</i><br/>Chair: <i>Ulf Gustafsson</i></p> <p>08.30&gt;10.30 <b>SESSION 4</b><br/><b>SURGICAL CONUNDRUMS</b><br/>Chairs: <i>Henrik Kehlet,</i><br/><i>Nicolò Pecorelli</i></p> <p>08.30&gt;08.50 <b>Synchronous surgery in cancer</b><br/><i>Joline DeGroof</i></p> <p>08.50&gt;09.10 <b>Very early discharge</b><br/><b>after colorectal surgery.</b><br/><b>Is it achievable? Is it safe?</b><br/><i>Jan Stoot</i></p> <p>09.10&gt;09.30 <b>Minimally Invasive Surgery</b><br/><b>Is less always more?</b><br/><i>Kwang Yeong How</i></p> <p>09.30&gt;09.50 <b>Transplanting surgical outcomes</b><br/><b>by engineering the colonic</b><br/><b>microbiome</b><br/><i>James Kinross</i></p> <p>09.50&gt;10.10 <b>Crossing the Blood-Brain Barrier</b><br/><b>When a surgeon spearheads</b><br/><b>Goal-Directed Fluid Management</b><br/><i>Tonia Young-Fadok</i></p> <p>10.10&gt;10.30 Discussion</p> <p>10.30&gt;10:55 Tea / coffee<br/>Posters &amp; industry exhibition</p> | <p>10.55&gt;12.55 <b>SESSION 5</b><br/><b>PERIOPERATIVE MEDICINE</b><br/>Chairs: <i>Chris Jones,</i><br/><i>Marianna Sioson</i></p> <p>10.55&gt;11.15 <b>CPET: Yesterday's friend</b><br/><i>Tom Abbott</i></p> <p>11.15&gt;11.35 <b>Does neurological monitoring</b><br/><b>change outcomes?</b><br/><i>Joana Estilita-Berger</i></p> <p>11.35&gt;11.55 <b>Stop sending people home</b><br/><b>anemic!</b><br/><i>Toby Richards</i></p> <p>11.55&gt;12.15 <b>Perioperative steroid therapy</b><br/>Henrik Kehlet</p> <p>12.15&gt;12.35 <b>Prehabilitation</b><br/><i>Gabriele Baldini</i></p> <p>12.35&gt;12.55 Discussion</p> |
|--|---|
- SALA 500 • SALA MADRID • SALA LISBONA

12.55>13.40 **Poster & Industry Exhibition**  
**IN PARALLEL**

  - Luncheon Symposia
  - ERAS<sup>®</sup> LMIC Committee Meeting

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FRIDAY - 19<sup>TH</sup> SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

SALA 500

- |             |  |             |   |
|-------------|--|-------------|---|
| 13.40>14.25 | <p><b>KEYNOTE: Fearon Lecture</b><br/> <b>The changing landscape of managing and detecting postoperative complications</b><br/> <b>Michael Scott</b><br/>           Chairs: <i>Angie Balfour, Olle Ljungqvist, Timothy Rockall</i></p> | 16.45>17.45 | <p><b>SESSION 7</b><br/> <b>EARLY CAREER ERAS® SESSION</b><br/>           Co-chairs: <i>Gregg Nelson, William Fawcett</i></p> |
| 14.25>16.25 | <p><b>SESSION 6</b><br/> <b>NURSING AND AHP SESSION</b><br/>           Co-chairs: <i>Angie Balfour, Alessio Rizzo, Monica Rolfo</i></p>  | 16.45>17.00 | <p><b>The three S's</b><br/> <i>Nikki Nabavi</i></p>  |
| 14.25>14.45 | <p><b>The Patient Voice' Series</b><br/> <i>Angie Balfour</i></p>  | 17.00>17.15 | <p><b>Passing the ERAS® torch</b><br/> <i>Steven Bisch</i></p>  |
| 14.45>15.05 | <p><b>ERAS® implications in the use of technology for remote monitoring and alert systems in early discharged patients</b><br/> <i>Alessio Rizzo, Monica Rolfo</i></p>   | 17.15>17.30 | <p><b>ERAS® for animals</b><br/> <i>Aida Fages Cárceles</i></p>   |
| 15.05>15.25 | <p><b>Process of implementation of ERAS® nurse team - challenges and outcomes in perioperative care</b><br/> <i>Cassiane de Santana Lemos</i></p>  | 17.30>17.45 | <p>Discussion</p>   |
| 15.25>15.45 | <p><b>Planning of physical exercise in the preoperative phase</b><br/> <i>Andrea Tognaccini</i></p>  | 17.45>18.15 | <p><b>Prizes and congress closing remarks</b><br/> <i>Ulf Gustafsson, William Fawcett, Luca Gianotti</i></p>                  |
| 15.45>16.05 | <p><b>Elimination of Nutritional Health Disparities is Yet Another Benefit of ERAS®</b><br/> <i>Katherine Shumate</i></p>  | 18.15>19.15 | <p><b>ERAS® General Assembly Meeting</b></p>  |
| 16.05>16.25 | <p>Discussion</p>  |             |   |
| 16.25>16.45 | <p>Tea / coffee<br/>           Posters &amp; industry exhibition</p>   |             |   |



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Tom Abbott | *UK*

Florence Abraham | *France*

Fanny Allano | *Switzerland*

Gabriele Baldini | *Italy*

Angie Balfour | *UK*

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Elena Giovanna Bignami | *Italy*

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Yvonne Chan | *USA*

Allyson Cochran | *USA*

Flaminia Coluzzi | *Italy*

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Cassiane de Santana Lemos | *Brasil*

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Jeanette Opsahl Fladeby | *Norway*

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Jill Hamilton-Reeves | *USA*

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Christine Hoarau | *Switzerland*

Jakob Højgaard Hundebøll | *Denmark*

Kwang Yeong How | *Singapore*

José Antonio Jerez González | *Spain*

Chris Jones | *UK*

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James Kinross | *UK*

Susanne Vahr Lauridsen | *Denmark*

Federico Lavagno | *Italy*

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Vera Lim Qinyi | *Singapore*

Doriane Lioni | *France*

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Chloé Masini Faron | *Switzerland*

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Kelly McQueen | *USA*

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Delphine Merlay | Switzerland

Tommaso Meschini | Italy

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Mehul Raval | USA

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Toby Richards | UK

Alessio Rizzo | Italy

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Kyle Rove | USA

Nobhojit Roy | India

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Jaymee Sanchez | Poland

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Jan Stoot | Netherlands

Pervez Sultan | USA

Christian Taylor | USA

Bente Thoft Jensen | Denmark

Andrea Tognaccini | Italy

Eugenia Vercelli | Italy

Jose Carlos Vilches | Spain

Thomas Wainwright | UK

Stephen Williams | USA

Elise Yates | USA

Tonia Young-Fadok | USA



## SPECIALTY SESSION 1

## ERAS® OBSTETRICS &amp; GYNECOLOGY GROUP SYMPOSIUM

Chair: *Gregg Nelson* | Opening Remarks: *Pedro T. Ramirez***Abstract 97** IMPACT OF WOUND INFILTRATION AND REGIONAL BLOCKS ON POSTOPERATIVE OPIOID USE IN AN ERAS PROTOCOL FOR GYNECOLOGIC SURGERYMateo-Kubach P.<sup>[1]</sup>, Hsu H.<sup>[1]</sup>, Santia M.C.<sup>[1]</sup>, Meschini T.<sup>[2]</sup>, Christensen K.<sup>[1]</sup>, Sharma K.<sup>[1]</sup>, Pan A.P.<sup>[1]</sup>, Rutledge E.<sup>[1]</sup>, Ramirez P.T.<sup>[1]</sup><sup>[1]</sup>Houston Methodist Hospital ~ Houston ~ United States of America, <sup>[2]</sup>Women's and Children's Del Ponte Hospital ~ Varese ~ Italy**Abstract 156** POSTPARTUM AND PONV: WHY OBSTETRIC PATIENTS NEED THEIR OWN RISK MODELS

Zorzato P.C.\* , D'Alessandro M., Piazzola M., Cattin B., Bosco M., Casprini C., Bravo C., Ricci A., Porcari I., Uccella S., Garzon S.

*Unit of Obstetrics and Gynecology, Department of Surgery, Dentistry, Pediatrics, and Gynecology, ADUI Verona, University of Verona, Verona, Italy ~ Verona ~ Italy***Abstract 205** FROM DEPARTMENT CHAIRS TO RESIDENTS: AN ASSESSMENT OF ENHANCED RECOVERY AFTER SURGERY (ERAS) AWARENESS AND APPLICATION AT GYNECOLOGIC SURGERY IN AUSTRIAPan T.L.\*<sup>[1]</sup>, Hütter C.<sup>[2]</sup>, Tsublak I.<sup>[3]</sup>, Tamussino K.<sup>[2]</sup><sup>[1]</sup>Medizinische Universität Wien ~ Innsbruck ~ Austria, <sup>[2]</sup>Medizinische Universität Graz ~ Graz ~ Austria, <sup>[3]</sup>Medizinische Universität Innsbruck ~ Innsbruck ~ Austria**Abstract 229** IMPACT OF GENERAL ANESTHESIA TECHNIQUE ON OPIOID UTILIZATION IN ENHANCED RECOVERY AFTER SURGERY (ERAS) FOR GYNECOLOGIC ONCOLOGY: A 10-YEAR RETROSPECTIVE ANALYSIS

Lasala J.\* , Soliz J., Meyer L., Iniesta-Donate M., Munsell M., Mena G.

*University of Texas MD Anderson Cancer Center ~ Houston, TX ~ United States of America*[return to the Scientific program \\*](#)

WEDNESDAY - 17<sup>TH</sup> SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LONDRA

## SPECIALTY SESSION 3

ERAS<sup>®</sup> NURSING, AHP & ANP SUBSPECIALTY SESSIONChair: *Angie Balfour***Abstract 8** HOME-BASED FOLLOW-UP: A PARADIGM SHIFT IN ERAS | SECONDARY ANALYSIS OF TWO ITALIAN PATIENT COHORTS

Rizzo A., Valenti A.\*, Gianolio S., Ariu V., Costamagna G., Ferrero A.

*Mauriziano Hospital ~ Turin ~ Italy***Abstract 42** EFFECT ANALYSIS OF ENHANCED RECOVERY NURSING DURING THE PERIOPERATIVE PERIOD IN PATIENTS UNDERGOING LAPAROSCOPIC RADICAL RESECTION FOR COLORECTAL CANCER

Li Z.\*

*The First Hospital of Lanzhou University ~ Lanzhou ~ China***Abstract 147** PREOPERATIVE FASTING AND DRINKING COMPLIANCE UNDER THE ERAS FRAMEWORK: CURRENT STATUS, BARRIERS, AND OPTIMIZATION STRATEGIES

Li F.\*, Tao G., Xuan R., Sun J., Xin W., Shen J.

*The First Hospital of Lanzhou University ~ Lanzhou ~ China***Abstract 193** IMPROVING SURGICAL OUTCOMES THROUGH DESIGN THINKING - AN ERAS WARD CONCEPT

Chan K.K.W.\*, How K.Y., Lim V.Q., Tan F.W.Y., Hu H.L., Darmawirya P.

*Tan Tock Seng Hospital ~ Singapore ~ Singapore***Abstract 243** IMPACT OF POSTOPERATIVE COMPLICATIONS ON PERCEIVED NURSING CARE IN ERAS PATIENTS: APPLICATION OF THE CUCACE SCALECapre-Pereira J.<sup>[1]</sup>, Perez-Imbachi H.<sup>[1]</sup>, Lina L.<sup>[1]</sup>, Risueño-Benavides L.<sup>[1]</sup>, Burbano M.<sup>[1]</sup>, Billefals E.<sup>[1]</sup>, Lozano J.<sup>[2]</sup>, Kestenberg A.<sup>[1]</sup><sup>[1]</sup>Fundacion Valle del Lili, Cali, Colombia ~ Cali ~ Colombia, <sup>[2]</sup>Capitulo de Futuros Cirujanos, Asociacion Colombiana de Cirugia, Bogota, Colombia ~ Bogota ~ Colombia[return to the Scientific program](#) \*

**Abstract 18** IMPROVED GLYCEMIC CONTROL AND REDUCED INSULIN USE FOLLOWING PREOPERATIVE ORAL CARBOHYDRATES IN DIABETIC PATIENTS UNDERGOING PANCREATODUODENECTOMY

Sandini M.\*<sup>[1]</sup>, Paiella S.<sup>[2]</sup>, Frigerio I.<sup>[3]</sup>, Pecorelli N.<sup>[4]</sup>, Capretti G.<sup>[5]</sup>, Roviello F.<sup>[1]</sup>, Gianotti L.<sup>[6]</sup>

<sup>[1]</sup>Dept. of Medicine, Surgery and Neurosciences, Unit of General Surgery and Surgical Oncology, University of Siena – Siena – Italy, <sup>[2]</sup>General and Pancreatic Surgery Unit, Pancreas Institute, University of Verona Hospital – Verona – Italy, <sup>[3]</sup>Unit of HPB Surgery, Pederzoli Hospital – Peschiera del Garda – Italy, <sup>[4]</sup>Division of Pancreatic Surgery, Pancreas Translational and Clinical Research Center, San Raffaele Scientific Institute – Milan – Italy, <sup>[5]</sup>Pancreatic Surgery, IRCCS Humanitas Research Hospital – Rozzano – Italy, <sup>[6]</sup>School of Medicine and Surgery, University of Milano-Bicocca, Dept of Surgery – Monza – Italy

**Abstract 46** EFFICIENCY AND SAFETY OF DOUBLE-LUMEN BRONCHIAL TUBE AND BRONCHIAL BLOCKER FOR ONE-LUNG VENTILATION IN PATIENTS WITH THORACIC SURGERY: A META-ANALYSIS

Yuchen W.\*<sup>[1]</sup>, Yatao L.<sup>[1]</sup>, Huizhou S.<sup>[1]</sup>, Zhigang Z.<sup>[2]</sup>, Junfen Y.<sup>[2]</sup>, Ning L.<sup>[1]</sup>, Zijuan W.<sup>[1]</sup>, Guoqiang W.<sup>[3]</sup>, Xin W.<sup>[4]</sup>

<sup>[1]</sup>Department of Anesthesiology and Operating Theater, The First Hospital of Lanzhou University – Lanzhou City – China, <sup>[2]</sup>Department of Intensive Care Unit, The First Hospital of Lanzhou University – Lanzhou City – China, <sup>[3]</sup>Department of Emergency Intensive Care Unit, The First Hospital of Lanzhou University – Lanzhou City – China, <sup>[4]</sup>CMU Center for Health Development Research, school of health management – Shengyang – China

**Abstract 53** APPLICATION EFFECT OF SLEEP NURSING INTERVENTION IN ACCELERATED REHABILITATION CARE AFTER LUNG CANCER SURGERY

Ma X.\*<sup>[1]</sup>, Zhang Y.<sup>[1]</sup>, Jin H.<sup>[1]</sup>, Pei Y.J.<sup>[2]</sup>, Li W.<sup>[2]</sup>, Fan L.<sup>[2]</sup>

<sup>[1]</sup>Department of Thoracic Surgery, The First Hospital of Lanzhou University – Lanzhou – China, <sup>[2]</sup>The First Hospital of Lanzhou University – Lanzhou – China

**Abstract 56** REAL-WORLD OUTCOMES OF ENHANCED RECOVERY AFTER SURGERY IN ELDERLY PATIENTS: EVIDENCE FROM TAIWAN'S VALUE-BASED HEALTH POLICY

Huang W.<sup>[2]</sup>, Yang T.<sup>[2]</sup>, Guo S.\*<sup>[1]</sup>

<sup>[1]</sup>Chia-Yi Christian Hospital – Chiayi City – Taiwan, <sup>[2]</sup>Cathay General Hospital – Taipei – Taiwan

**Abstract 92** FEASIBILITY OF TUBELESS ENHANCED RECOVERY AFTER LAPAROSCOPIC GASTRECTOMY FOR GASTRIC CANCER

Zuoyi J.\*<sup>[1]</sup>, Zeyuan Y., Huinian Z., Gengyuan Z., Bo L., Jie M. Lanzhou University Second Hospital – Lanzhou – China

**Abstract 125** IMPLEMENTATION YIELDS SUCCESS – RESULTS OF THE ENHANCED RECOVERY IN CHILDREN UNDERGOING SURGERY (ENRICH-US) RANDOMIZED CONTROLLED TRIAL

Raval M.\*

On Behalf of the Enhanced Recovery In Children Undergoing Surgery (ENRICH-US) Randomized Controlled Trial Study Team – Chicago – United States of America

**Abstract 127** ENHANCING RECOVERY AFTER SURGERY (ERAS) IN PEDIATRIC CARE: ADAPTATION AND IMPLEMENTATION OF THE STRONGKIDS NUTRITIONAL SCREENING TOOL IN AMBULATORY CARE SETTING BEFORE SPINAL FUSION SURGERY

Lemieux S., Guadagno E., Laurie J., Ouellet J., Lagacé M.-A., Bertolizio G., Paradelo R.A.\*  
Shriners Hospital for Children – Canada – Montreal – Canada

**Abstract 213** ERAS IN COLORECTAL SURGERY IN LATIN AMERICA: EVALUATION OF CLINICAL AND HOSPITAL OUTCOMES AFTER THREE YEARS OF IMPLEMENTATION

Capre–Pereira J.[1], Perez–Imbachi H.\*[1], Gempeler A.[1], Holguin J.[1], Obando A.[1], Lopez L.[1], Burbano M.[1], Billefals E.[1], Bejarano M.[1], Rebellon I.[2], Kestenberg A.[1]

<sup>[1]</sup>Fundación Valle de Lili – Cali – Colombia, <sup>[2]</sup>Programa de Cirugía General, Universidad de Caldas – Manizales – Colombia

**Abstract 226** FROM TREND TO TRUTH: A 10-YEAR ANALYSIS CONFIRMS AND EXPANDS OPIOIDSPARING BENEFITS OF TOTAL INTRAVENOUS ANESTHESIA (TIVA) IN GYNECOLOGIC ONCOLOGY ERAS A COMPARATIVE FOLLOW-UP TO THE INITIAL 4-YEAR COHORT

Lasala J.\*, Soliz J., Meyer L., Taylor J., Iniesta–Donate M., Wilke R., Munsell M., Harris M., Saji L., Crawford R., Mena G. University of Texas MD Anderson Cancer Center – Houston, TX – United States of America

**Abstract 244** IMPACT OF THE ERAS PROTOCOL ON BREASTFEEDING OUTCOMES AFTER ELECTIVE CESAREAN SECTION

Salomé M.V.\*<sup>[1]</sup>, Jose Carlos V.J.\*<sup>[1]</sup>, Francisco G.P.<sup>[2]</sup>, Rodrigo O.F.<sup>[1]</sup>, Cristóbal R.D.<sup>[3]</sup>

<sup>[1]</sup>Department of Obstetrics, Quiron Salud Hospital – Málaga – Spain, <sup>[2]</sup>Department Of Anesthesiology, Quiron Salud Hospital

**Abstract 1** ERAS PROTOCOL IN SOFT TISSUE SARCOMA SURGERY: THE ROLE OF REHABILITATION AND POSTOPERATIVE PAIN MANAGEMENT

Pagnoni C.<sup>[1]</sup>, Angelucci M.<sup>[1]</sup>, Aprile I.G.<sup>[2]</sup>, Germanotta M.<sup>[2]</sup>, Falchini F.<sup>[2]</sup>, Pavan A.<sup>[2]</sup>, Passa R.<sup>[1]</sup>, Valeri S.<sup>[1]</sup>

<sup>[1]</sup>Soft Tissue Sarcoma Surgery, Fondazione Policlinico Universitario Campus Bio-Medico - Rome - Italy, <sup>[2]</sup>RCCS Fondazione Don Carlo Gnocchi, ONLUS Florence - Rome - Italy

**Abstract 3** MACHINE LEARNING ANALYSIS OF ENHANCED RECOVERY AND SURVIVAL AFTER ELECTIVE COLORECTAL CANCER SURGERY

Catarci M.<sup>\*</sup>, Guadagni S., Masedu F., Scatizzi M., Montemurro L.A., Ciano P., Benedetti M.

Italian ColoRectal Anastomotic Leakage (iCraI) study group - Roma - Italy

**Abstract 4** EARLY CLOSURE OF THE PROTECTIVE ILEOSTOMY AS PART OF THE ERAS PROTOCOL

Adamova Z.<sup>[1]</sup>, Chrostek M.<sup>[1]</sup>, Filova M.<sup>[2]</sup>, Pechalova V.<sup>[2]</sup>

<sup>[1]</sup>Hospital in Frydek - Mistek - Frydek - Mistek - Czech Republic, <sup>[2]</sup>Vsetin Hospital - Vsetin - Czech Republic

**Abstract 7** CLINICAL STUDY OF ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL IN PATIENTS UNDERGOING ELECTIVE CRANIOTOMY: A RANDOMIZED CONTROLLED TRIAL

Fang K.<sup>[1]</sup>, Chen J.<sup>[1]</sup>, Zhou X.<sup>[1]</sup>, Gong Q.<sup>[1]</sup>, Gou T.<sup>[1]</sup>, Zhang J.<sup>[1]</sup>, Han G.<sup>[2]</sup>, Wu M.<sup>[2]</sup>, Ma Y.<sup>[1]</sup>, Gang S.<sup>[1]</sup>

<sup>[1]</sup>Department of Anesthesiology, Guizhou Provincial People's Hospital - Guiyang - China, <sup>[2]</sup>Department of Neurosurgery, Guizhou Provincial People's Hospital, Guiyang, Guizhou, China. - Guiyang - China

**Abstract 9** A PROSPECTIVE RANDOMIZED CONTROLLED TRIAL OF POSTOPERATIVE ANALGESIC EFFECTS OF LOCAL WOUND INFILTRATION WITH 0.5% LEVOBUPIVACAINE IN LAPAROSCOPIC COLORECTAL SURGERY

Wilasrusmee C.<sup>\*</sup>, Supsamutchai C., Jirasiritham J., Chiemsombat P., Choikrua P., Poprom N.

Department of Surgery, Faculty of Medicine, Ramathibodi Hospital, Mahidol University, Bangkok 10400 Thailand - Bangkok - Thailand

**Abstract 10** PEDATIM®FOR EMERGENCY LAPAROTOMY IMPROVES PATIENT INVOLVEMENT AND CLINICALLY OBSERVABLE OUTCOMES

Leo J.<sup>[1]</sup>, Sjölin I.<sup>[2]</sup>

<sup>[1]</sup>Capio S:t Görans sjukhus - Stockholm - Sweden, <sup>[2]</sup>PT/CEO at Phystec - Scandinavia

**Abstract 11** ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL IN COLORECTAL SURGERY: A TRIAL EMULATION AND COST-ANALYSIS STUDY

Capre-Pereira J., Perez-Imbachi H.<sup>\*</sup>, Prada S., Gempeler A., Holguin J., Obando A., Billefals E., Bejarano M., Burbano M., Kestenberg A.

Fundación Valle del Lili - Cali - Colombia

**Abstract 14** EARLY ANKLE-PUMP EXERCISE ON REHABILITATION OUTCOMES AFTER LOWER EXTREMITY VARICOSE VEIN STRIPPING SURGERY: A RETROSPECTIVE COHORT STUDY

Liulin Y.<sup>[1]</sup>, Leyao H.<sup>[2]</sup>, Ting C.<sup>[1]</sup>, Miao Y.<sup>[1]</sup>, Chenxing C.<sup>[1]</sup>, Xinglei W.<sup>[3]</sup>

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**Abstract 15** ENHANCED RECOVERY AFTER SURGERY IN PEDIATRIC UROLOGY PATIENTS UNDERGOING COMPLEX LOWER URINARY TRACT RECONSTRUCTION: A MULTI-CENTER, PROSPECTIVE OBSERVATIONAL STUDY

Rove K.O.<sup>[\*1]</sup>, Strine A.C.<sup>[2]</sup>, Chu D.J.<sup>[3]</sup>, Wilcox D.T.<sup>[1]</sup>, Ha D.<sup>[1]</sup>, Vricella G.J.<sup>[4]</sup>, Coplen D.E.<sup>[5]</sup>, Traxel E.J.<sup>[5]</sup>, Acka S.<sup>[5]</sup>, Chaudhry R.<sup>[6]</sup>, Vanderbrink B.<sup>[7]</sup>, Yerkes E.B.<sup>[8]</sup>, Chan Y.Y.<sup>[9]</sup>, Burjek N.E.<sup>[10]</sup>, Zee R.S.<sup>[9]</sup>, Herndon C.A.<sup>[6]</sup>, Ahn J.J.<sup>[10]</sup>, Merguerian P.A.<sup>[9]</sup>, Meenakshi-Sundaram B.<sup>[10]</sup>, Rensing A.J.<sup>[10]</sup>, Frimberger D.<sup>[10]</sup>, Brockel M.A.<sup>[11]</sup>

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**Abstract 16** AWARENESS SURGERY IN MAJOR ABDOMINAL UROLOGIC SURGERY: THE ANESTHESIA IN SYNERGISM WITH ERAS AIMS. PROOF OF CONCEPT AND PRELIMINARY DATA

Brusasco C.<sup>[\*1]</sup>, Micali M.<sup>[1]</sup>, Introrini C.<sup>[2]</sup>, Di Domenico A.<sup>[2]</sup>, Basta B.<sup>[3]</sup>, Vallati D.<sup>[3]</sup>

<sup>[1]</sup>Anaesthesia and Intensive Care Unit, E.O. Ospedali Galliera - Genova - Italy, <sup>[2]</sup>Department of abdominal surgery, Urology Unit, E.O. Ospedali Galliera - Genova - Italy, <sup>[3]</sup>Anaesthesia and ICU Department, ASST Melegnano e Martesana. - Milano - Italy

**Abstract 17** ORAL INTAKE AND MEDICAL NUTRITION IN POSTOPERATIVE DIGESTIVE SURGICAL PATIENTS: CHANGES IN HABITS OVER TIME AND ASSOCIATION WITH OUTCOMES. RESULTS FROM NUTRITIONDAY 2006-2023

Sandini M.<sup>[\*1]</sup>, Ljungqvist O.<sup>[2]</sup>, Gianotti L.<sup>[3]</sup>, Tarantino S.<sup>[4]</sup>, Scharthmann A.<sup>[4]</sup>, Bauer P.<sup>[4]</sup>, Hiesmayr M.<sup>[4]</sup>

<sup>[1]</sup>University of Siena - Siena - Italy, <sup>[2]</sup>Örebro University - Örebro - Sweden, <sup>[3]</sup>Milano-Bicocca University - Monza - Italy, <sup>[4]</sup>Medical University of Vienna - Vienna - Austria

**Abstract 21** THE IMPACT OF FRAILTY ON ENHANCED RECOVERY PATHWAY COMPLIANCE AND POSTOPERATIVE OUTCOMES AFTER INFRAINGUINAL ARTERIAL BYPASS

Lopes L.<sup>\*</sup>, Chao C., Habash N., Reilly M., Broucek L., Sobolewski R., Hoel A., Tadaki T., Pllado E., Osher G., Boratyn V., Vavra A.

Northwestern University - Chicago - United States of America

**Abstract 22** COMPARISON OF ADAPTED ENHANCED RECOVERY AFTER SURGERY (ERAS) PATHWAY VERSUS STANDARD CARE IN PATIENTS UNDERGOING EMERGENCY ABDOMINAL SURGERY - A RANDOMIZED CONTROLLED TRIAL

Kate V.<sup>[\*2]</sup>, Subhash Singh L.<sup>[1]</sup>, Balakrishnan G.<sup>[3]</sup>, Sathasivam S.<sup>[1]</sup>, Amarathanan A.<sup>[1]</sup>, Thulesingam M.<sup>[4]</sup>, Kundra P.<sup>[5]</sup>

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**Abstract 23** D-A-CH ERAS/FAST-TRACK NURSES SURVEY – EVALUATING THE ROLE OF ERAS/FAST-TRACK NURSES IN GERMAN-SPEAKING HEALTHCARE SYSTEMS: A STUDY PROTOCOL

Rappold D.<sup>\*1</sup>, Zühlke A.<sup>1,6</sup>, Blättler K.<sup>1,3</sup>, Dolata L.<sup>1,4</sup>, Meißner V.<sup>1,2</sup>, Schweizer C.<sup>1,6</sup>, Kammerer E.<sup>1,2</sup>, Breitkreutz M.C.<sup>1,6</sup>, Hinz J.<sup>1,2</sup>, Langer N.<sup>1,5</sup>, Brodersen F.<sup>1,2</sup>

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**Abstract 24** NON-OPIOID MULTIMODAL ANALGESIA FOR ELECTIVE CRANIOTOMY: A PROSPECTIVE RANDOMIZED CONTROLLED TRIAL OF AN ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL IN NEUROSURGERY

Fang K.<sup>\*1</sup>, Chen J.<sup>1,11</sup>, Zhou X.<sup>1,11</sup>, Gong Q.<sup>1,11</sup>, Gou T.<sup>1,11</sup>, Zhang J.<sup>1,11</sup>, Han G.<sup>1,12</sup>, Wu M.<sup>1,12</sup>, Ma Y.<sup>1,11</sup>, Gang S.<sup>1,11</sup>

<sup>11</sup>Department of Anesthesiology, Guizhou Provincial People's Hospital – Guiyang – China, <sup>12</sup>Department of Neurosurgery, Guizhou Provincial People's Hospital, – Guiyang – China

**Abstract 25** PAIN AND PONV: IS SPINAL ANALGESIA COMPARABLE TO EPIDURAL ANALGESIA AFTER COLORECTAL SURGERY?

Gedda C.<sup>\*1</sup>, Stahre E.<sup>1,2</sup>, Carpelan S.<sup>1,2</sup>, Soop M.<sup>1,11</sup>

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**Abstract 26** ERAS IN BARIATRIC SURGERY- IS IT WORTH IT?

Baudoin I.J.<sup>\*1</sup>, Muñoz R., Vargas V., Cortés A., Hevia M.D.P., Casanova F., Sallinas L., La Rosa G., Cancino J., Mena C.

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**Abstract 31** A NON-OPIOID MULTIMODAL ANALGESIA PROTOCOL TO PROMOTE RAPID RECOVERY OF PATIENTS UNDERGOING TOTAL KNEE ARTHROPLASTY: A RANDOMIZED CONTROLLED CLINICAL STUDY

Fang K.<sup>\*1</sup>, Sun L.<sup>1,2</sup>, Ma Y.<sup>1,11</sup>, Gang S.<sup>1,11</sup>, Li L.<sup>1,11</sup>, Zhou X.<sup>1,11</sup>, Li B.<sup>1,2</sup>, Li S.<sup>1,2</sup>, Chen J.<sup>1,11</sup>, Gong Q.<sup>1,11</sup>

<sup>11</sup>Department of Anesthesiology, Guizhou Provincial People's Hospital, – Guiyang – China, <sup>12</sup>Department of Orthopedic, Guizhou Provincial People's Hospital, – Guiyang – China

**Abstract 32** EFFECTS OF PREOPERATIVE BETA-HYDROXY-BETA-METHYLBUTYRATE SUPPLEMENTATION ON PREOPERATIVE NUTRITIONAL AND FUNCTIONAL STATUS DURING MULTIMODAL PREHABILITATION FOR PATIENTS UNDERGOING NEOADJUVANT CANCER THERAPY

Fiorindi C.<sup>\*1</sup>, Baldini G., Testa G.D., Di Gloria A., Travelli A., Tognozzi C., Alpigiano G., Romagnolo S., Foti L., Lavacchi D., Antonuzzo L., Cianchi F., Romagnoli S., Nannoni A.

Careggi University Hospital – Florence – Italy

**Abstract 33** POINTS (PREOPERATIVE IMMUNONUTRITION IN THORACIC SURGERY): A PILOT CASE CONTROL STUDY

Nannoni A., Viggiano D., Tombelli S., Voltolini L., Gonfiotti A., Lastrucci A., Ricci R., Fiorindi C.<sup>\*</sup>

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**Abstract 35** IMPACT OF ENHANCED RECOVERY AFTER SURGERY (ERAS) ON THE OUTCOMES OF PATIENTS UNDERGOING PRIMARY TOTAL KNEE ARTHROPLASTY: A RANDOMIZED CONTROLLED TRIAL

Fang K.<sup>\*1</sup>, Chen J.<sup>1,11</sup>, Sun L.<sup>1,2</sup>, Ma Y.<sup>1,11</sup>, Gang S.<sup>1,11</sup>, Li L.<sup>1,11</sup>, Li B.<sup>1,2</sup>, Li S.<sup>1,2</sup>, Gong Q.<sup>1,11</sup>, Zhou X.<sup>1,11</sup>

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**Abstract 38** EARLY VERSUS DELAYED ORAL FLUID INTAKE AFTER EXTUBATION: A RANDOMIZED CONTROLLED TRIAL

Durlila M.<sup>\*1</sup>, Sedláčková Š.<sup>1,11</sup>, Nigrovicová V.<sup>1,11</sup>, Peckavá M.<sup>1,12</sup>, Vymazal T.<sup>1,11</sup>, Beroušek J.<sup>1,11</sup>

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**Abstract 39** A MULTIMODAL ANALGESIC PROTOCOLS FOLLOWING TOTAL KNEE REPLACEMENT

Lacko M.<sup>\*1,2</sup>, Matúška M.<sup>1,11</sup>, Šepitka R.<sup>1,2</sup>, Polan P.<sup>1,11</sup>

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**Abstract 40** FACTORS INFLUENCING EARLY MOBILIZATION OF PATIENTS AFTER ANTERIOR ABDOMINAL WALL HERNIA REPAIR

Ushnevych Z.<sup>\*1</sup>, Harbar M.<sup>1,11</sup>

<sup>11</sup>Danylo Halyt'sky Lviv National Medical University – Lviv – Ukraine, <sup>12</sup>Lviv State Regional Hospital – Lviv – Ukraine

**Abstract 41** ROBOTIC VERSUS LAPAROSCOPIC ASSISTED CURATIVE RECTAL CANCER RESECTIONS, WHAT IS BETTER FOR OUR PATIENTS QUALITY OF LIFE?

Wells A.<sup>1</sup>, Chapman R.<sup>\*1</sup>, Sadoughi R.<sup>1,11</sup>, Oweis E.<sup>1,2</sup>, Yusufi M.<sup>1,11</sup>, Siddiqi N.<sup>1,11</sup>

<sup>11</sup>University Hospital Dorset – Poole – United Kingdom, <sup>12</sup>NHSE Education South West – Gloucester – United Kingdom

**Abstract 43** GASTRIC FUNDUS GAS RETENTION AND POST-ERCP NAUSEA AND VOMITING: A RANDOMIZED CONTROLLED, DOUBLE-BLIND TRIAL

Qi C.<sup>\*1</sup>, Chai C., Miao L., Yue P., Zhu K., Zhang L., Zhu X.

Chunhui Qi – Lanzhou – China

**Abstract 45** ERAS-GUIDED CHINESE HERBAL MEDICINE ACUPOINT APPLICATION ON POSTOPERATIVE THROAT SYMPTOMS AND COMFORT IN DOUBLE-LUMEN INTUBATION PATIENTS: A RANDOMIZED CONTROLLED TRIAL

Yuchen W.<sup>\*1</sup>, Huizhu S.<sup>1,11</sup>, Zijuan W.<sup>1,11</sup>, Ning L.<sup>1,11</sup>, Yinglan W.<sup>1,11</sup>, Yujiang Y.<sup>1,11</sup>, Liya W.<sup>1,11</sup>, Yali Z.<sup>1,11</sup>, Yatao L.<sup>1,11</sup>, Xin W.<sup>1,12</sup>

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**Abstract 48** OPTIMIZATION OF HEAD-OF-BED ELEVATION TIMING IN POSTOPERATIVE ENDOBRONCHIAL ANESTHESIA BASED ON ERAS CONCEPTS: A PROSPECTIVE RANDOMIZED CONTROLLED STUDY

Yuchen W.<sup>1</sup>, Yujiang Y.<sup>1</sup>, Yinglan W.<sup>1</sup>, Ning L.<sup>1</sup>, Huizhu S.<sup>1</sup>, Wenqing W.<sup>1</sup>, Binbin L.<sup>1</sup>, Yatao L.<sup>1</sup>, Xin W.<sup>2</sup>

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**Abstract 50** EXPLORATION OF AN ERAS-BASED NURSING PATHWAY FOR DAY SURGERY IN PRIMARY HIP AND KNEE ARTHROPLASTY: A PROSPECTIVE STUDY

Zhou W.<sup>\*</sup>, Fang K., Sun L.

Guizhou Provincial People's Hospital - Guiyang - China

**Abstract 51** CONSTRUCTION AND APPLICATION OF A DYNAMIC PREDICTION MODEL FOR POSTOPERATIVE COMPLICATIONS IN LUNG CANCER PATIENTS BASED ON WEARABLE DEVICES

Ma X.<sup>1</sup>, Jin K.<sup>1</sup>, Han X.<sup>1</sup>, Pei Y.<sup>2</sup>, Li W.<sup>2</sup>, Fan L.<sup>2</sup>

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**Abstract 54** KEEPING THE ERAS FLAG FLYING: A DISTRICT GENERAL HOSPITAL ERAS PATHWAY RELAUNCH, 15 YEARS ON

Mcgrath C.<sup>\*</sup>, Power J., Ben Sassi A., Chandran P., Thornton M., Battersby C., Dixon S. Wrexham Maelor Hospital - Wrexham - United Kingdom

**Abstract 55** ASSESSING AWARENESS OF ERAS AMONG ALLIED HEALTH PROFESSIONALS: A SNAPSHOT SURVEY FROM A UK DISTRICT GENERAL HOSPITAL

Wainwright T.<sup>\*</sup>

Bournemouth University - Bournemouth - United Kingdom

**Abstract 65** COMPARISON OF AN OPTIMIZED OPIOID-FREE MULTIMODAL ANALGESIA REGIMEN FOR POSTOPERATIVE PAIN MANAGEMENT IN PATIENTS UNDERGOING HIP AND KNEE ARTHROPLASTY

Fang K.<sup>1</sup>, Sun L.<sup>1</sup>, Ma Y.<sup>1</sup>, Gang S.<sup>2</sup>, Li L.<sup>1</sup>, Zhou X.<sup>1</sup>, Li B.<sup>3</sup>, Li S.<sup>3</sup>, Chen J.<sup>1</sup>, Gong Q.<sup>1</sup>

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**Abstract 76** EVALUATING PATIENT EDUCATION AND ENGAGEMENT WITH SCAR MASSAGE FOLLOWING HIP REPLACEMENT SURGERY: RESULTS OF A SERVICE EVALUATION AUDIT

Southern K., Middleton R., Wainwright T.<sup>\*</sup>

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**Abstract 77** A LOOK AT THE DYNAMICS AND IMPACT OF THE GROUPE DES INFIRMIÈRES FRANCOPHONES (GIF)/ FRENCH LANGUAGE NURSES GROUP (FRANCE, SWITZERLAND AND QUEBEC) ON THE SUCCESS OF THE ERAS® PROGRAM

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**Abstract 89** POST-SURGICAL DIETS IN THE ERAS PROTOCOL: D-ERAS SCOPING REVIEW

Fiorindi C.<sup>1</sup>, Raoul P.<sup>2</sup>, Moretto V.<sup>3</sup>, Trestini L.<sup>4</sup>, Rossini L.<sup>5</sup>, Colasanto G.<sup>6</sup>, Schiano Di Cola R.<sup>7</sup>, Lazzaris S.<sup>4</sup>, Beltrame B.<sup>8</sup>, Carnevale S.<sup>6</sup>, Giudici F.<sup>10</sup>, Gianotti L.<sup>10</sup>

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**Abstract 90** THE IMPACT OF ERAS ON THE INCIDENCE OF POSTOPERATIVE COMPLICATIONS IN LAPAROSCOPIC PANCREATICOUDENECTOMY: A META-ANALYSIS OF OBSERVATIONAL STUDIES

Wang M.<sup>\*</sup>, Ren L., Yu X.

The First Hospital of Lanzhou University - The First Hospital of Lanzhou University - China

**Abstract 93** THE EMERGENCY LAPAROTOMY PROTOCOL: A RETROSPECTIVE COHORT STUDY OF MORBIDITY AND MORTALITY AFTER THE INTRODUCTION OF A PERIOPERATIVE PROTOCOL FOR EMERGENCY LAPAROTOMIES

Drevin G., Leo J.<sup>\*</sup>, Häwi L., Helczynska-Hultman K.

St Görans Hospital - Stockholm - Sweden

**Abstract 94** FERRIC DERISOMALTOSE FOR POSTOPERATIVE ANEMIA IN PATIENTS WITH SPINAL METASTASES: INTERIM RESULTS FROM A RANDOMIZED CONTROLLED TRIAL

Duan S.<sup>1</sup>, Zhou J.<sup>2</sup>, Wang P.<sup>3</sup>, Li B.<sup>4</sup>, Xu W.<sup>5</sup>

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**Abstract 95** CLINICAL AND PROCEDURAL FACTORS ASSOCIATED WITH SAME-DAY DISCHARGE FOLLOWING MINIMALLY INVASIVE GYNECOLOGIC SURGERY POST ERAS IMPLEMENTATION

Sharma K.<sup>1</sup>, Christensen K.<sup>1</sup>, Mateo-Kubach P.<sup>1</sup>, Hsu H.<sup>2</sup>, Santia M.C.<sup>1</sup>, Meschini T.<sup>3</sup>, Nisar T.<sup>4</sup>, Ramirez P.T.<sup>1</sup>, Rutledge E.<sup>1</sup>

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**Abstract 96** THE HOW'S AND WHY'S OF PHYSICAL ACTIVITY AND RECOVERY AFTER CYTOREDUCTIVE SURGERY AND HYPERTHERMIC INTRAPERITONEAL CHEMOTHERAPY - A MIXED METHODS STUDY

Sand Ö.<sup>1</sup>, Andersson M.<sup>2</sup>, Graf W.<sup>1</sup>, Arakelian E.<sup>3</sup>

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**Abstract 98** RACIAL VARIATION IN ERAS PROTOCOL ADHERENCE AND ITS IMPACT ON SURGICAL OUTCOMES  
Santia M.C.<sup>[1]</sup>, Meschin T.<sup>[2]</sup>, Mateo-Kubach P.<sup>[1]</sup>, Hsu H.<sup>[1]</sup>, Pan A.<sup>[3]</sup>, Yates E.<sup>[1]</sup>, Rutledge E.<sup>[1]</sup>, Christensen K.<sup>[1]</sup>, Ramirez P.T.<sup>[1]</sup>

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**Abstract 100** GENERAL SURGEONS' PERSPECTIVES ON POST-DISCHARGE OPIOID PRESCRIBING: A QUALITATIVE STUDY

Pook M.<sup>[1]</sup>, Najafi Ghezeleh T.<sup>[2]</sup>, Wong S.<sup>[3]</sup>, Boutros M.<sup>[4]</sup>, Fried G.<sup>[5]</sup>, Lee L.<sup>[1]</sup>, Feldman L.S.<sup>[1]</sup>, Fiore J.<sup>[1]</sup>

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**Abstract 101** IMPACT OF INSTITUTIONAL IMPLEMENTATION OF AN ERAS PROTOCOL IN COLORECTAL SURGERY IN A LOW/MEDIUM INCOME COUNTRY

Baudoin I.J.\*<sup>[1]</sup>, Vargas V., Cortés A., Casanova F., Quezada F., Infante C., Le Roy I., Chartier N., La Rosa G., Steir F.

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**Abstract 102** ERAS PROTOCOL INCORPORATING LEUCINE ENRICHED AMINO ACID SUPPLEMENTATION AND EXERCISE REHABILITATION ATTENUATES MUSCLE LOSS AFTER GASTRECTOMY: A RANDOMIZED CONTROLLED TRIAL

Tanaka R.\*<sup>[1]</sup>, Matsuo K., Yoshimoto H., Imai Y., Asakuma M., Tomiyama H., Lee S.  
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**Abstract 106** BRIDGING THE GAP: REINTRODUCING ERAS GUIDELINES IN RESPONSE TO HIGH NURSING STAFF TURNOVER

Wright N.\*<sup>[1]</sup>, Boesen J., Vahr Lauridsen S.

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**Abstract 107** THE EFFECTS OF LIPUS COMBINED WITH DIFFERENT ISOKINETIC MUSCLE STRENGTH TRAINING ON KNEE JOINT POSITION SENSE, MUSCLE STRENGTH AND GAIT SYMMETRY IN PATIENTS AFTER ACL RECONSTRUCTION

Kang J.\*<sup>[1]</sup>, Bai Q., Du C., Liu X., Chen W.

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**Abstract 109** NEURAXIAL AWARENESS SURGERY IN ERAS STRATEGY: A NOVEL APPROACH IN LAPAROSCOPIC COLORECTAL SURGERY

Basta B.<sup>[1]</sup>, Vailati D.<sup>[1]</sup>, Magistro C.<sup>[2]</sup>, Crippa J.<sup>[2]</sup>, Colasuonno M.\*<sup>[2]</sup>, Brusasco C.<sup>[3]</sup>, Micali M.<sup>[3]</sup>

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**Abstract 110** ENHANCING ADHERENCE TO ANTIEMETIC GUIDELINES FOR HIGH-RISK SURGICAL PATIENTS: A MULTIMODAL QUALITY IMPROVEMENT APPROACH TO REDUCING POSTOPERATIVE NAUSEA AND VOMITING (PONV)

Fowler C.\*<sup>[1]</sup>, Bielaski K., Chiu C., Cheng C., Gostic W., Joshi F., Rivas N., Rodriguez A., Bateman B.

Stanford University - Stanford - United States of America

**Abstract 112** APPLICATION OF ENHANCED RECOVERY AFTER SURGERY(EARS)IN ROBOT- ASSISTED LAPAROSCOPIC UROLOGICAL RECONSTRUCTION SURGERY IN CHILDREN:A PROSPECTIVE RANDOMIZED CONTROLLED TRIAL

An N.\*<sup>[1]</sup>, Wang S.

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**Abstract 116** A COMPARATIVE STUDY OF INTERFERENCE ELECTRICAL THERAPY COMBINED WITH BADUANJIN EXERCISE ON VAS OF PAIN, LUMBAR FUNCTION AND DYNAMIC BALANCE ABILITY IN PATIENTS AFTER LUMBAR DISCECTOMY

Kang J.\*<sup>[1]</sup>, Huang K., Liu X., Chen W.

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**Abstract 117** FROM PROCESS OPTIMIZATION TO PERSONALIZED PATIENT VALUE: INTEGRATING CLINICAL PATHWAYS, ERAS® PROTOCOLS, AND REAL-TIME MONITORING SYSTEMS FOR TAILORED SURGICAL CARE

Gaffuri P.\*<sup>[1]</sup>, Genini A., Crisà D., Nottaris A., Signorelli C., Scossa Baggi A., Barry L., Saporito A., Rabito G.

Ente Ospedaliero Cantonale - Ospedale regionale di Bellinzona e Valli - Switzerland

**Abstract 120** EVALUATING THE IMPACT OF A TRAINING APP ON ERAS IMPLEMENTATION IN HIP AND KNEE ARTHROPLASTY: A QUALITY IMPROVEMENT STUDY

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**Abstract 122** PREHABILITATION TO SURGICAL MARATHON: FROM STANDARD TO TAILORED TRAINING

Gonella F.\*<sup>[1]</sup>, Massucco P., Perotti S., Gianolio S., Monasterolo S., Vassallo D., Laezza A., Ferrero A.

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**Abstract 126** POSTOPERATIVE ILEUS FOLLOWING RADICAL CYSTECTOMY AND ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL

Zahir M., Doshi C., Escobar D., Xia L., Miranda G., Cai J., Schuckman A., Djaladat H., Daneshmand S.\*

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**Abstract 128** DEVELOPING AN ERAS SOCIETY GUIDELINE CONSENSUS FOR PEDIATRIC APPENDICITIS: AN INTERNATIONAL MULTIDISCIPLINARY COLLABORATION

Cipolla J.<sup>[1,3]</sup>, Loyola Ferreira J.<sup>[3]</sup>, Brockel M.A.<sup>[2]</sup>, Fiore Jr J.F.<sup>[1]</sup>, George J.<sup>[4]</sup>, Guadagno E.<sup>[3]</sup>, Hall N.<sup>[5]</sup>, Laurie J.<sup>[6]</sup>, Paparella A.<sup>[7]</sup>, Raval J.V.<sup>[8]</sup>, Rivera Lizama G.<sup>[9]</sup>, Kayzman E.A.<sup>[6]</sup>, Mortazavi M.<sup>[5]</sup>, Brancatelli H.<sup>[10]</sup>, Emil S.<sup>[3]</sup>

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**Abstract 136** THE PROBLEM OF HYPOPHOSPHATEMIA AFTER FERINJECT IN SURGERY

Ken M.<sup>[1,2]</sup>, Dhaly D.<sup>[3]</sup>, Richards T.<sup>[1]</sup>

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**Abstract 142** ENHANCED RECOVERY AFTER SURGERY VS CONVENTIONAL CARE IN SIMULTANEOUS COLORECTAL RESECTION AND HEPATECTOMY FOR SYNCHRONOUS COLORECTAL LIVER METASTASES

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**Abstract 143** ICOLON, A PATIENT-FOCUSED MOBILE APPLICATION FOR PERIOPERATIVE CARE IN COLORECTAL SURGERY: LESSONS LEARNED FROM 1050 PATIENTS

Bertocchi E.<sup>\*</sup>, Masini G., Gentile I., Freoni R., Menestrina N., Ruffo G.

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**Abstract 149** IF ERAS IMPROVES OUTCOMES, WHY DO WE NOT DO IT ALL TIME?

Alotaibi N.<sup>[\*2]</sup>, Romano M.C.<sup>[1]</sup>, Ramsay G.<sup>[3]</sup>, Forget P.<sup>[2]</sup>

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**Abstract 151** FAST TRACK PROTOCOL IN ENDOVASCULAR REPAIR OF INFRARENAL ABDOMINAL AORTIC ANEURYSMS: PRELIMINARY RESULTS FROM A SINGLE-CENTER EXPERIENCE

Lanza M.<sup>\*</sup>, Mastropalo G., Bramucci A., Conti T., Buonavita A., Pagliasso E., Trogolo M., Brocardo V., Maselli M., Sandreone N.A., Moniaci D.

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**Abstract 153** IDENTIFICATION OF ENHANCED RECOVERY AFTER SURGERY (ERAS) ESSENTIALS TO IMPROVE POSTOPERATIVE OUTCOMES: A MULTICENTER STUDY

Fu R., Thomas A., Nelson G., Brindle M., Sauro K.<sup>\*</sup>

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**Abstract 154** BARRIERS AND FACILITATORS OF ERAS GUIDELINE USE AMONG HEALTHCARE PROVIDERS

Sauro K.<sup>\*</sup>, Aryal S., Bisch S., Claire T., Nelson G.

University of Calgary - Calgary - Canada

**Abstract 157** NON-PHARMACOLOGICAL INTERVENTIONS FOR POSTOPERATIVE PAIN AFTER ABDOMINAL SURGERY: A SYSTEMATIC REVIEW AND META-ANALYSIS

Pook M.<sup>[\*1]</sup>, Khorasani E.<sup>[2]</sup>, Najafi Ghezjelgh T.<sup>[2]</sup>, Davalan W.<sup>[3]</sup>, Shirzadi S.<sup>[2]</sup>, Shen A.<sup>[3]</sup>, Roosta A.<sup>[1]</sup>, Mansimova A.<sup>[1]</sup>, Liu T.<sup>[3]</sup>, Fermi F.<sup>[1]</sup>, Hamidi D.<sup>[3]</sup>, Perez J.<sup>[3]</sup>, Petros M.<sup>[3]</sup>, Alegre M.<sup>[2]</sup>, Amar-Zifkin A.<sup>[4]</sup>, Lee L.<sup>[1]</sup>, Feldman L.S.<sup>[1]</sup>, Fiore J.<sup>[1]</sup>

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**Abstract 159** IMPACT OF LARYNGEAL MASK AIRWAY VENTILATION ON POSTOPERATIVE ATELECTASIS IN LAPAROSCOPIC SURGERY: A RANDOMIZED CONTROLLED TRIAL

Lu Q.<sup>[\*1]</sup>, Zhang Z.<sup>[1]</sup>, Sun Y.<sup>[1]</sup>, Wang Y.<sup>[2]</sup>, Sun X.<sup>[1]</sup>, Zhao W.<sup>[1]</sup>, Xing D.<sup>[1]</sup>, Yang X.<sup>[1]</sup>

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**Abstract 163** VERY LOW ENERGY KETOGENIC THERAPY IN MULTIMODAL PREHABILITATION FOR PANCREATIC CANCER PATIENTS: A CASE SERIES

Abati M.<sup>[\*6]</sup>, Fossati L.<sup>[1]</sup>, Bonomi B.<sup>[2]</sup>, Ghezzi M.<sup>[2]</sup>, Corti G.<sup>[2]</sup>, Gaviraghi S.<sup>[2]</sup>, Fermi F.<sup>[4]</sup>, Guarnieri G.<sup>[5]</sup>, Pecorelli N.<sup>[5]</sup>

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**Abstract 166** RISK FACTORS FOR POSTOPERATIVE PULMONARY COMPLICATIONS IN GASTRIC CARCINOMA PATIENTS UNDERGOING SURGERY AFTER NEOADJUVANT THERAPY

Zhang Z.<sup>[\*1]</sup>, Lu Q.<sup>[1]</sup>, Sun Y.<sup>[1]</sup>, Sun X.<sup>[1]</sup>, Xing D.<sup>[1]</sup>, Zhao W.<sup>[1]</sup>, Yang X.<sup>[1]</sup>, Wang Y.<sup>[2]</sup>

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**Abstract 168** IMPACT OF PREOPERATIVE PATIENT EDUCATION ON EARLY MOBILIZATION IN PATIENTS UNDERGOING HEPATOBILIARY SURGERY

Brodersen F.<sup>\*</sup>, Meiböner V., Hinz J., Schneider T., Kammerer E., Rogmann R., Heumann A., Tarik G., Hackert T., Friedl S., Welsch T., Wabhr R.

University Medical Center Hamburg-Eppendorf - Hamburg - Germany

**Abstract 177** LOW VS. STANDARD OPIOID PRESCRIPTIONS FOLLOWING UROGYNECOLOGIC PROCEDURES: IMPACT ON HEALTHCARE UTILIZATION

Christensen K.<sup>[\*1]</sup>, Sharma K.<sup>[1]</sup>, Mateo-Kubach P.<sup>[1]</sup>, Hsu H.<sup>[2]</sup>, Santia M.C.<sup>[1]</sup>, Meschini T.<sup>[3]</sup>, Pan A.<sup>[1]</sup>, Ramirez P.T.<sup>[1]</sup>, Rutledge E.<sup>[1]</sup>

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**Abstract 179** SIMULATION FOR LEARNING FROM PERIOPERATIVE INCIDENTS: A MIXED- METHODS PILOT STUDY IN UK SECONDARY CARE

Alexander E.\*, Long A.

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**Abstract 181** ENHANCED RECOVERY AFTER SURGERY (ERAS) IN LAPAROSCOPIC CHOLECYSTECTOMY FOR ACUTE CALCULOUS CHOLECYSTITIS: A SYSTEMATIC REVIEW AND META-ANALYSIS

Dagnoni A.\*, Fugazzola P., Cobianchi L., Tomasoni M., Viganò J., Cicuttin E., Dominioni T., Frassinì S., Ghaly A., Ansaloni L.

Fondazione IRCCS Policlinico San Matteo - Pavia - Italy

**Abstract 183** CREATION OF AN ERAS COORDINATOR NURSE POOL: A COLLABORATIVE STRUCTURING INITIATIVE AT HÔPITAL DU VALAIS, SWITZERLAND

Michaud L.\*, Merlay D.

Hôpital du Valais - CHVR - Sion - Switzerland

**Abstract 184** OPTIMIZED MANAGEMENT OF INTRATHECAL MORPHINE IN LIVER SURGERY: ERAS-BASED ANALGESIC STRATEGY AND POSTOPERATIVE REHABILITATION IMPROVEMENT

Fu Q.\*, Gao C.<sup>[1]</sup>, Liu Y.<sup>[2]</sup>, Liu Q.<sup>[1]</sup>, Gao B.<sup>[1]</sup>, Liu Y.<sup>[1]</sup>

<sup>[1]</sup>The First School of Clinical Medicine of Lanzhou University - Gansu - China, <sup>[2]</sup> Department of Anesthesiology and Operation, First Hospital of Lanzhou University - Gansu - China

**Abstract 185** INTRAOPERATIVE BLOOD PRESSURE VARIABILITY MANAGEMENT: A KEY STRATEGY TO OPTIMIZE THE ERAS PATHWAY AND IMPROVE POSTOPERATIVE OUTCOMES

Fu Q.\*, Gao C.<sup>[1]</sup>, Liu Q.<sup>[1]</sup>, Gao B.<sup>[1]</sup>, Liu Y.<sup>[1]</sup>, Liu Y.<sup>[2]</sup>

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**Abstract 186** INTRAOPERATIVE BLOOD PRESSURE VARIABILITY MANAGEMENT: A KEY STRATEGY TO OPTIMIZE THE ERAS PATHWAY AND IMPROVE POSTOPERATIVE OUTCOMES

Fu Q.\*, Gao C.<sup>[1]</sup>, Liu Q.<sup>[1]</sup>, Gao B.<sup>[1]</sup>, Liu Y.<sup>[1]</sup>, Liu Y.<sup>[2]</sup>

<sup>[1]</sup>The First School of Clinical Medicine of Lanzhou University - Gansu - China, <sup>[2]</sup> Department of Anesthesiology and Operation, First Hospital of Lanzhou University - Gansu - China

**Abstract 189** PREOPERATIVE INFORMATION FOR PATIENTS UNDERGOING MAJOR HEAD AND NECK ONCOLOGIC SURGERY

Lombarbo A.\*, Fontana E., Stivala F., Iannarino S., Mariotto A., Riva G., Miletta M., Paleologo M., Todisco A., Mancino M.V., Bo S., Pecorari G.

A.O.U. Città della Salute e della Scienza di Torino, Ospedale Molinette - Torino - Italy

**Abstract 190** CHARACTERISTICS OF PATIENTS RECEIVING A MULTIMODAL SUPERVISED VS HOME-BASED/ MIXED PREHABILITATION PROGRAM AND IMPACT ON FUNCTIONAL RECOVERY: THE EXPERIENCE OF A SINGLE CENTRE PREHABILITATION CLINIC

Tognaccini A.<sup>[\*1]</sup>, Fiorindi C.<sup>[2]</sup>, Testa G.D.<sup>[3]</sup>, Romagnoli S.<sup>[1]</sup>, Romanazzo S.<sup>[1]</sup>, Alpigiano G.<sup>[2]</sup>, Tognozzi C.<sup>[4]</sup>, Di Gloria A.<sup>[2]</sup>, Marini M.<sup>[5]</sup>, Baldini G.<sup>[1]</sup>

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**Abstract 194** STRATIFYING MALNUTRITION-RELATED SURGICAL RISK: WHICH SUBSET OF MALNUTRITION BEFORE ELECTIVE COLORECTAL SURGERY IS ASSOCIATED WITH POSTOPERATIVE COMPLICATIONS?

Zhan Y.F.<sup>[1]</sup>, Ljungqvist O.<sup>[3]</sup>, Dendukuri N.<sup>[2]</sup>, Gillis C.<sup>[\*1]</sup>

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**Abstract 196** POSTOPERATIVE PAIN MANAGEMENT IN MAJOR HEAD AND NECK ONCOLOGIC SURGERY - AN OBSERVATIONAL STUDY

Lombarbo A.\*, Fontana E., Stivala F., Iannarino S., Mariotto A., Riva G., Miletta M., Paleologo M., Todisco A., Mancino M.V., Bo S., Pecorari G.

A.O.U. Città della salute e della Scienza di Torino, Ospedale Molinette - Torino - Italy

**Abstract 201** HIP AND KNEE ARTHROPLASTY- WHAT IS KEEPING THE PATIENT IN HOSPITAL?

Mackay H., Emms T., Hutton R., Redington K., Jones C.\*

Royal Surrey NHS Foundation Trust, Guildford UK - Guildford - United Kingdom

**Abstract 203** DOES THE DAY OF SURGERY INFLUENCE MOBILISATION AND LENGTH OF STAY IN JOINT REPLACEMENT PATIENTS

Tafat W.<sup>[1]</sup>, Mcdonald D.<sup>[2]</sup>, Budka M.<sup>[1]</sup>, Wainwright T.<sup>[\*1]</sup>

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Macpherson K.<sup>[\*1]</sup>, Butcher A.<sup>[2]</sup>, Richards T.<sup>[3]</sup>

<sup>[1]</sup>University of Western Australia - Perth - Australia, <sup>[2]</sup>Bond University - Gold Coast - Australia, <sup>[3]</sup>University College London - London - United Kingdom

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Tafat W.<sup>[1]</sup>, Mcdonald D.<sup>[2]</sup>, Budka M.<sup>[1]</sup>, Wainwright T.<sup>[\*1]</sup>

<sup>[1]</sup>Bournemouth University - Bournemouth - United Kingdom, <sup>[2]</sup>Golden Jubilee National Hospital - Glasgow - United Kingdom

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Marinelli L., Roat O., Frisini M., Marcucci S., Zadra T., Vettori M., Conci A., Brolese M., Valcanover S., Viel G., Prezzi C., Beltempo P., Salimian N., Ciarleglio F., Carrara A., Motter M., Torri E., Brolese A.\*

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### Abstract 220 MULTIMODAL PREHABILITATION: THE IMPACT OF PSYCHOLOGICAL SUPPORT IN A HIGH-RISK SURGICAL PATIENT

Romanazzo S.<sup>[1]</sup>, Fiorindi C.<sup>[2]</sup>, Alpigiano G.<sup>[2]</sup>, Testa G.D.<sup>[3]</sup>, Tognaccini A.<sup>[\*1]</sup>, Di Gloria A.<sup>[2]</sup>, Tognozzi C.<sup>[4]</sup>, Cosci F.<sup>[1,5]</sup>, Romagnoli S.<sup>[1]</sup>, Baldini G.<sup>[1]</sup>

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Bonomi B.<sup>[\*1]</sup>, Corti G.<sup>[2]</sup>, Abati M.<sup>[4]</sup>, Fossati L.<sup>[4]</sup>, Ghezzi M.<sup>[1]</sup>, Orsi G.<sup>[3]</sup>, Guarneri G.<sup>[1]</sup>, Fermi F.<sup>[1]</sup>, Tettamanti A.<sup>[3]</sup>, Reni M.<sup>[3]</sup>, Falconi M.<sup>[1]</sup>, Pecorelli N.<sup>[1]</sup>

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### Abstract 222 IMPACT OF AN ERAS-GUIDED PBM PROGRAM IN KNEE AND HIP ARTHROPLASTY: A MULTIDISCIPLINARY APPROACH TO OPTIMIZE PERIOPERATIVE OUTCOMES

Tió M.<sup>\*</sup>, Martin N., Ramirez C., Cabello R., Basora M.

Hospital Clinic de Barcelona - Barcelona - Spain

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Mackay H., Hutton R., Emms T., Redington K., Jones C.\*

Royal Surrey NHS Foundation Trust - Guildford - United Kingdom

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Ødegaard P.<sup>\*</sup>, Rustad H., Fladeby J.O., Olsen B.F.

Østfold Hospital trust - Sarpsborg - Norway

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Lasala J.<sup>\*</sup>, Soliz J., Iniesta-Donate M., Munsell M., Meyer L., Mena G.

University of Texas MD Anderson Cancer Center - Houston, TX - United States of America

### Abstract 230 APPLICATION OF ERAS PROTOCOL IN PEDIATRIC ACUTE APPENDICITIS

Mariani E.<sup>\*</sup>, Benedetti F., Davolio A., Adjei Antwi S., Pizzardi G., Mariani A., Chiacchio P., Colciago E., Degrate L.

Università degli studi di Milano Bicocca - Milano - Italy

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Rodrigues A.<sup>[1]</sup>, Rodrigues A.<sup>[4]</sup>, Lemos C.<sup>[1]</sup>, Sousa B.<sup>[\*2]</sup>, Mendes L.<sup>[3]</sup>, Mendes L.<sup>[4]</sup>

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Cocci G.<sup>[\*1]</sup>, Senesi G.<sup>[1]</sup>, Perrone P.<sup>[1]</sup>, Testa G.D.<sup>[2]</sup>, Fiorindi C.<sup>[3]</sup>, Alpigiano G.<sup>[3]</sup>, Di Gloria A.<sup>[3]</sup>, Tognaccini A.<sup>[3]</sup>, Romanazzo S.<sup>[3]</sup>, Cosci F.<sup>[1]</sup>, Cianchi F.<sup>[4]</sup>, Picciafuochi F.<sup>[1]</sup>, Romagnoli S.<sup>[1]</sup>, Baldini G.<sup>[1]</sup>

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### Abstract 233 SYNERGY OF HYPNOSIS AND ERAS PROTOCOL IN COLON RECTAL SURGERY: PRELIMINARY RESULTS FOR RIGHT HEMICOLECTOMY

Palazzo V.<sup>[\*1]</sup>, Martina M.S.<sup>[2]</sup>, Gurguri M.<sup>[1]</sup>, Castagna E.<sup>[2]</sup>, Pozzo G.<sup>[2]</sup>

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### Abstract 235 EPICH PROTOCOL: A NATIONAL INTERVENTIONAL STUDY FOR ERAS IMPLEMENTATION IN PATIENTS UNDERGOING CRS AND HIPEC FOR PERITONEAL SURFACE MALIGNANCIES

Robella M.<sup>[\*1]</sup>, Pagano E.<sup>[2]</sup>, Cerutti A.<sup>[3]</sup>, Evangelista A.<sup>[2]</sup>, Cinquegrana A.<sup>[3]</sup>, Marrelli L.<sup>[4]</sup>, Pizzolato E.<sup>[5]</sup>, Pellegrino L.<sup>[1]</sup>, Borghi F.<sup>[1]</sup>

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### Abstract 236 IMPACT ON SURVIVAL OF ERAS PROTOCOL IMPLEMENTATION FOR COLORECTAL SURGERY: ANALYSIS OF A SECONDARY ENDPOINT FROM THE "ERAS COLON PIEMONTE" STUDY WITHIN THE EASY-NET NETWORK PROGRAM

Robella M.<sup>[\*1]</sup>, Pagano E.<sup>[4]</sup>, Evangelista A.<sup>[2]</sup>, Pellegrino L.<sup>[1]</sup>, Cinquegrana A.<sup>[3]</sup>, Giacometti L.<sup>[3]</sup>, Ciccone G.<sup>[3]</sup>, Borghi F.<sup>[1]</sup>

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### Abstract 237 EFFECTIVENESS OF A CARE AND ORGANIZATIONAL MODEL BASED ON FUNDAMENTALS OF CARE (FOC) IN A RAPID RECOVERY UNIT (RRU) SETTING INSPIRED BY ERAS PHILOSOPHY: PILOT STUDY IN

ORTHOPAEDICS AND TRAUMATOLOGY: A PILOT STUDY  
Sperlinga R., Bossola E.<sup>\*</sup>, Ghironi E., Azzolina M.C., Dall'Occo F., Costamagna G., Elisa Bossola - AO Mauriziano Torino - Italy

### Abstract 238 ACCURACY OF ARTIFICIAL INTELLIGENCE FOR VERTEBRAL FRACTURE ASSESSMENT BY DXA SCAN

Phruetthiphat O.<sup>[\*1]</sup>, Sinlapavilawan P.<sup>[2]</sup>, Homsapaya K.<sup>[3]</sup>

<sup>[1]</sup>Phramongkutkloa Hospital - Bangkok - Thailand, <sup>[2]</sup>Bangkok hospital Muangraj - Ratchaburi - Thailand, <sup>[3]</sup>Kasetsart University, Sriracha - Chon Buri - Thailand

**Abstract 239** COMPARATIVE ASSESSMENT OF SHORT-TERM RECOVERY AND FUNCTIONAL OUTCOMES IN ELDERLY PATIENTS UNDERGOING PFNA FIXATION FOR INTERTROCHANTERIC FRACTURES WITH AND WITHOUT CKD: A PROSPECTIVE COHORT STUDY

Paiboonrungraj S.\*, Phruetthiphath O.

Phramongkutkiao Hospital - Bangkok - Thailand

**Abstract 240** THE QUALITY-ADJUSTED LIFE YEAR AND COST UTILITY BETWEEN ELDERLY WITH FEMORAL NECK FRACTURE AND INTERTROCHANTERIC FRACTURE UNDERWENT SURGICAL INTERVENTION

Chuenban N.\*, Prutthithavorn P., Phruetthiphath O.

Phramongkutkiao Hospital - Bangkok - Thailand

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Luangjindarat S.<sup>[1]</sup>, Pinijprapa P.<sup>[2]</sup>, Phruetthiphath O.<sup>[2]</sup>

<sup>[1]</sup>Rajavithi Hospital - Bangkok - Thailand, <sup>[2]</sup>Phramongkutkiao hospital - Bangkok - Thailand

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Salomé M.V.<sup>[2]</sup>, José Carlos V.J.<sup>[4]</sup>, Francisco G.P.<sup>[3]</sup>, Rodrigo O.F.<sup>[1]</sup>, Cristóbal R.D.<sup>[4]</sup>

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**Abstract 245** PERIOPERATIVE NORMOTHERMIA IN GYNECOLOGIC SURGERY: NO ASSOCIATION WITH OUTCOMES, BUT ADHERENCE LINKED TO COMORBIDITIES AND OPERATIVE TIME

Hsu H.<sup>[4,2]</sup>, Santia M.C.<sup>[2]</sup>, Meschini T.<sup>[3]</sup>, Mateo-Kubach P.<sup>[2]</sup>, Pan A.<sup>[1]</sup>, Christensen K.<sup>[2]</sup>, Rutledge E.<sup>[2]</sup>, Ramirez P.T.<sup>[2]</sup>

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**Abstract 246** ERAS PROTOCOL VERSUS CONVENTIONAL CARE IN ELECTIVE LAPAROSCOPIC COLORECTAL CANCER SURGERY IN HATYAI HOSPITAL: RETROSPECTIVE STUDY

Prasitvarakul K.\*, Paekaitiwong D., Tumviriyakul H.

Hatyai hospital - Songkhla - Thailand

**Abstract 247** ERAS: EXPERIENCES WITH DIGITAL INFORMATION

Safir-Hansen K.\*, Rütz K., Kristensen Sivertsen L., Hejbøll Sørensen P., Rosell Walker L.

Slagelse Sygehus - Slagelse - Denmark

**Abstract 248** FROM MANUAL ENTRY TO AUTOMATED INTEGRATION: BUILDING A DATA PIPELINE BETWEEN EPIC EHR AND EIAS

De Lucia N.M.<sup>[1]</sup>, Sanjamala A.N.<sup>[2]</sup>, Falk M.K.<sup>[1]</sup>, Young-Fadok T.M.<sup>[3]</sup>

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To qualify, proof of primary residence and/or employment (in English language) in one of the listed countries must be submitted via email to the Organizing Secretariat.

**Registration fee include:** admittance to scientific sessions, catering services, EACCME-UEMS credits (if achieved), certificate of attendance, congress material.

### **Cancellation policy**

Cancellation of registration must be made in writing, by e-mail to the Organizing Secretariat. 70% of the amount paid will be refunded if the cancellation is received no later than **July 31<sup>st</sup>, 2025**. No refunds will be given after this date.

Cancellation before July 31<sup>st</sup> are subject to a € 50,00 handling fee.

All refunds will be processed after the event.

### **OFFICIAL LANGUAGE**

The official language of the Congress is English.

### **CONTINUING MEDICAL EDUCATION CREDITS**

The application for EACCME<sup>®</sup> accreditation of the 11th ERAS<sup>®</sup> World Congress (LEE/2025/01350) is currently under review.



## CONGRESS VENUE

### Lingotto Conference Center

Via Nizza 280 - 10126 Turin (Italy)

*Originally FIAT's first automobile factory and once the largest in Europe, the Lingotto is now a renowned industrial landmark. Transformed by architect Renzo Piano, it has become a dynamic multifunctional center and a hub of innovation.*

### How to reach the Congress Venue

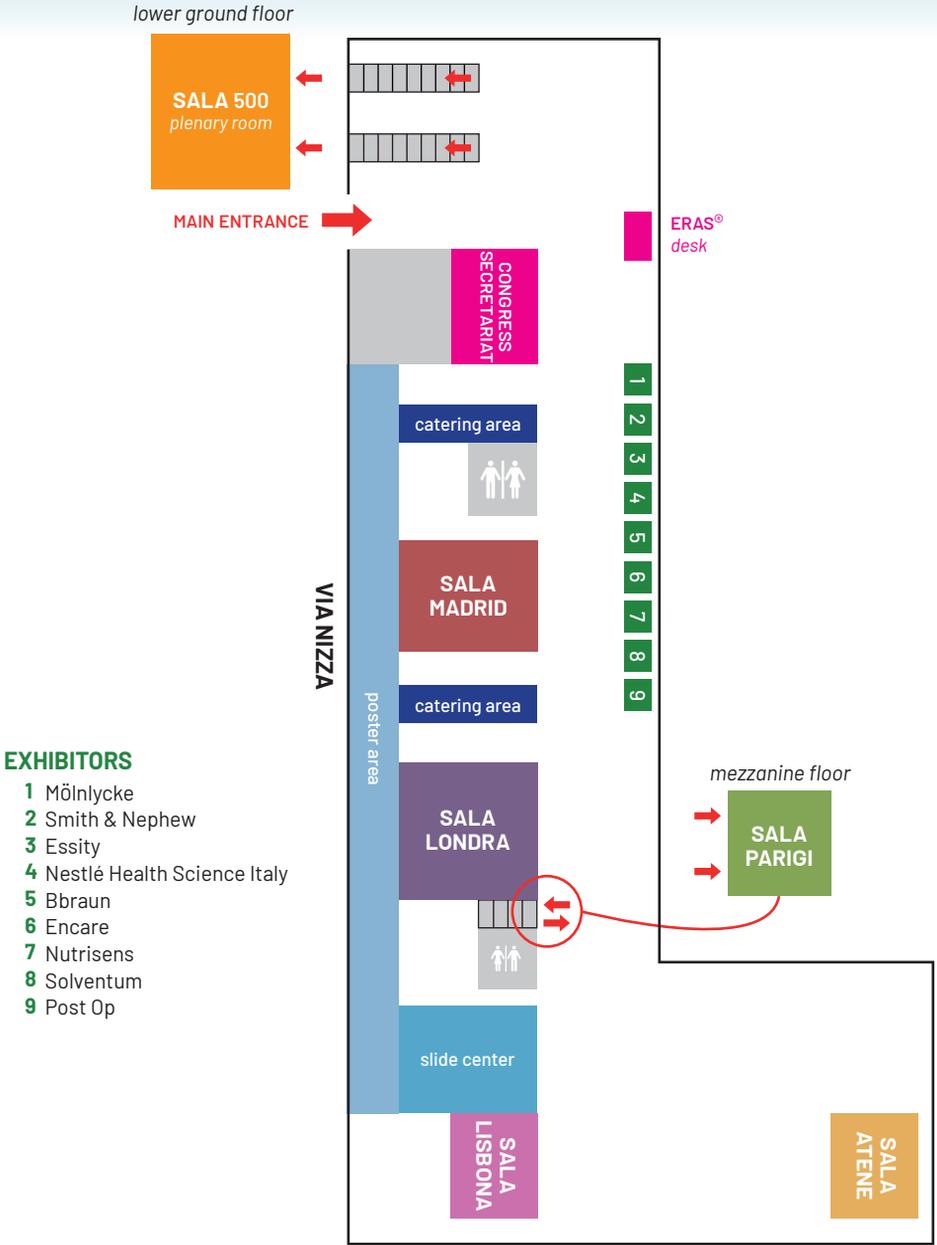
The Lingotto Conference Centre is located at 280 via Nizza, just 10 minutes away from the City Centre and Railway Stations.

Entrances:

- **Via Nizza 280**  
Pedestrian access and drop-off entrance for private buses  
Just in front of the Metro Line 1 exit, LINGOTTO stop  
Lingotto taxi drop off ([www.taxitorino.it](http://www.taxitorino.it)) - ph. +39 011 9999 or 5730 or 5737)
- **Via Nizza 280 bis and Via Nizza 230**  
Entrance to underground parking - hourly and daily rates ([www.lingottoparking.com](http://www.lingottoparking.com))

### How to get there

- **From the Sandro Pertini Turin International Airport** ([www.aeroporto.torino.it](http://www.aeroporto.torino.it))  
Bus services are provided (about 45 min.) to the Turin Porta Nuova and Turin Porta Susa railway stations  
Details and timetable at <https://torino.arriva.it>
- Turin is also directly connected by daily bus rides **from the "Malpensa 2000" Intercontinental Airport** (approx. 100 km)  
Details and timetable at <https://torino.arriva.it>
- **From the Turin Porta Nuova and Turin Porta Susa Railway Stations and the City Centre**  
Take Metro Line 1 toward BENGASI and exit at LINGOTTO.  
Public transportation info is available from [www.gtt.to.it](http://www.gtt.to.it)
- **From the Turin Lingotto Railway Station**  
Use the Olympic footbridge from Lingotto Station (open 07:00-22:00).  
It's approximately a 20-minute walk.
- **From Motorways**  
Take Tangenziale Sud, exit at Corso Unità d'Italia and follow signs for Lingotto



**EXHIBITORS**

- 1 Mölnlycke
- 2 Smith & Nephew
- 3 Essity
- 4 Nestlé Health Science Italy
- 5 Bbraun
- 6 Encare
- 7 Nutrisens
- 8 Solventum
- 9 Post Op

THURSDAY - 18<sup>TH</sup> SEPTEMBER
**Symposium #1** SALA LONDRA  
**EXPERT Symposium: Advancing ERAS<sup>®</sup>  
 Protocols with sNPWT Multidisciplinary  
 Insights and Innovations**

- Chairman: *Luca Gianotti, Italy*  
Where are we in Surgical Site Complication?
- Speaker: *Angie Balfour, UK*  
The Impact of ERAS<sup>®</sup> in the peri operative pathway – what's next for surgical care?
- Speaker: *Josep M. Badia, Spain*  
From risk to recovery: the role of i-NPWT in high risk surgery patients

Sponsored by **Smith+Nephew**

**Symposium #2** SALA 500  
**ERAS<sup>®</sup> Qualification and the Multidisciplinary  
 Approach: Measurable Benefits for All Key  
 Stakeholders**

Moderator: *Olle Ljungqvist, Sweden*

- The Perspectives on Surgical Practice  
*Gianluca Garulli, Italy - Elisa Bertocchi, Italy*
- The Perspectives on Cardiovascular Practice  
*Sergio Bevilacqua, Italy*
- The Perspectives on Anesthesiologic Practice  
*Claudia Brusasco, Italy*
- What's the benefit of a "ERAS<sup>®</sup> Centric Hospital": Hospital Board POV  
*Monica Baroni, Italy*
- Q&A

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**Symposium #3** SALA MADRID  
**How does continuous monitoring in the ward  
 contribute to reducing ICU admissions?**

*Valentina Bellini, Italy*

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FRIDAY - 19<sup>TH</sup> SEPTEMBER
**Symposium #4** SALA 500  
**Can advanced incision care enhance patient  
 recovery?**

- Striving for consensus on the use of advanced wound dressings for incision management  
*Rhydian Morgan Jones, UK*
- The importance of soft tissue management in improving outcomes and reducing surgical site complications  
*Franco Bassetto, Italy*
- The importance of dressing selection and wear time in promoting enhanced recovery after surgery  
*Thomas Wainwright, UK*



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**Symposium #5** SALA MADRID  
**The crucial role of wound care in ERAS<sup>®</sup>:  
 delivering improved postoperative  
 outcomes**

- Enhancing ERAS protocols with new evidence. The EDISON study  
*Kylie Sandy-Hodgetts, Australia*
- New evidence to reduce SSIs and enhance ERAS<sup>®</sup> vascular surgery protocols  
*Tom Wallace, UK*

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Improving Perioperative Care Worldwide



**ORGANIZING SECRETARIAT**

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