



11th
ERAS[®]
World Congress

SEPTEMBER
17 > 19 • 2025

TURIN - ITALY
Lingotto
Congress Center

ERAS® Advisory Council

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 Professor Tonia Young-Fadok (USA)
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Società Italiana di Nutrizione Artificiale e Metabolismo

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ERAS® Society Secretariat

The ERAS® Society is delighted to present its 2025 Congress to be held from September 17th–19th at the Lingotto Conference Centre in Turin.

This iconic building once housed the FIAT car factory. Turin is a wonderful city of culture and cuisine in Northern Italy. The Congress President is Professor Luca Gianotti from Università degli Studi di Milano-Bicocca and POIS the Italian ERAS® Society.

The program will include:

- The ERAS® Educational Course (day one)
- Specialty Sessions (day one)
- Two full days of lectures and interactive sessions.

There will be three keynote lectures, and throughout, leading clinicians and academics will present on all aspects of ERAS® physiology and pathophysiology, including surgery, anesthesia and perioperative medicine, nursing, allied health, and patient experience. We will cover established areas, debate new advances, and look at the role of AI, robots, and databases in improving patient care and outcomes. We will discuss various aspects of implementing ERAS® in high, middle, and low-income countries. We will explore how our guidelines have shaped ERAS® practice.

- All accepted abstracts presented during the congress will be published in *ESPEN Clinical Nutrition*.

A historic meeting as we celebrate 30 years since ERAS® concepts were first published and 20 years since our first guidelines were produced!

CONGRESS PRESIDENT

Professor Luca Gianotti (Italy)

ORGANIZING COMMITTEE

Professor William Fawcett (UK) [Chair]

Associate Professor Ulf Gustafsson (Sweden)

Dr Kwang Yeong How (Singapore)

Professor Olle Ljungqvist (Sweden)



CONGRESS OVERVIEW

WEDNESDAY - 17 TH SEPTEMBER 2025	Time	Sala Londra	Sala Madrid	Sala Lisbona	Sala Parigi
	07.30 > 08.00	Registration . Industry exhibition opens			
	08.00 > 13.00	ERAS [®] Course			
	13.00 > 14.00	Lunch . Industry Exhibition			
	14.00 > 17.30	SPECIALTY SESSION 3 ERAS [®] Nursing AHP & ANP Subspecialty Session	SPECIALTY SESSION 1 ERAS [®] Obstetrics & Gynecology Group Symposium	SPECIALTY SESSION 2 ERAS [®] Society Pediatric Forum "Pediatric ERAS [®] : Start To Finish"	SPECIALTY SESSION 4 ERAS [®] Urology Specialty Session
	17.30 > 19.00	French Speaking ERAS [®] Nursing Group Symposium			

THURSDAY - 18 TH SEPTEMBER 2025	Time	Sala 500	Sala Londra	Sala Madrid
	07.30 > 08.00	Registration . Industry exhibition		
	08.00 > 10.15	CONGRESS PLENARY SESSIONS		
	10.15 > 10.40	Tea / coffee . Posters & industry exhibition		
	10.40 > 13.00	CONGRESS PLENARY SESSIONS		
	13.00 > 13.45	Lunch . Poster & Industry Exhibition		
		LUNCHEON SYMPOSIUM #2	LUNCHEON SYMPOSIUM #1	LUNCHEON SYMPOSIUM #3
	13.45 > 16.10	CONGRESS PLENARY SESSIONS		
	16.10 > 16.30	Tea / coffee . Posters & industry exhibition		
	16.30 > 18.00	CONGRESS PLENARY SESSIONS		
	18.00	Welcome reception		

FRIDAY - 19 TH SEPTEMBER 2025	Time	Sala 500	Sala Madrid	Sala Lisbona
	07.30 > 08.15	Industry exhibition		
	08.15 > 10.30	CONGRESS PLENARY SESSIONS		
	10.30 > 10.55	Tea / coffee . Posters & industry exhibition		
	10.55 > 12.55	CONGRESS PLENARY SESSIONS		
	12.55 > 13.40	Lunch . Poster & Industry Exhibition		
		LUNCHEON SYMPOSIUM #4	LUNCHEON SYMPOSIUM #5	ERAS [®] LMIC Committee Meeting
	13.40 > 18.15	CONGRESS PLENARY SESSIONS		
	18.15 > 19.15	ERAS [®] General Assembly Meeting		

WEDNESDAY - 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LONDRA

07.30>08.00 **Registration**
Industry exhibition opens

08.00>13.00 ERAS® COURSE

Chair persons: Kwang Yeong How, Michael Scott

Facilitator: Vera Lim Qinyi

08.00>08.15 **Introduction**
Kwang Yeong How, Michael Scott

08.15>08.45 **ERAS® Fundamentals**
Why and how it works
Timothy Rockall

08.45>09.15 **Nursing In ERAS®**
Angie Balfour

09.15>09.45 **Preoperative medical optimization**
Michael Scott

09.45>10.15 **Perioperative Nutrition**
The right stuff at the right time
Marianna Sioson

10.15>10.45 **Tea / coffee & industry exhibition**

10.45>11.15 **Anesthesia in ERAS®**
Chris Jones

11.15>11.45 **Surgery in ERAS®**
Kwang Yeong How

11.45>12.15 **Postoperative mobilization**
How soon and how much?
Thomas Wainwright

12.15>12.45 **ERAS® Implementation**
What is the method in the madness?
Vera Lim Qinyi

12.45>13.00 **Summary and closing**
Chris Jones, Vera Lim Qinyi, Michael Scott

13.00>14.00 **Lunch & industry exhibition**

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SPECIALTY SESSION 1

ERAS® OBSTETRICS & GYNECOLOGY GROUP SYMPOSIUM

Chair: Gregg Nelson | Opening Remarks: Pedro T. Ramirez

14.00>14.40	SESSION I RAPID FIRE DEBATES ERAS® IN GYNECOLOGIC SURGERY Moderator: <i>Pedro T Ramirez</i> Debaters: <i>Clara Santaia, Matteo Marchetti, Tommaso Meschini, Elise Yates, Stephanie Gill, Jose Carlos Vilches, Teresa Pan, Susanna Delfrati</i> Glycemic Control: HbA1c and Perioperative Glucose Measurements (10 mins) <ul style="list-style-type: none">• ALWAYS: <i>Susanna Delfrati</i>• SELECT CASES: <i>Teresa Pan</i> Best Regional Blocks for Open Abdominal Surgery (10 mins) <ul style="list-style-type: none">• TAP BLOCK: <i>Stephanie Gill</i>• WOUND INFILTRATION: <i>Matteo Marchetti</i> VTE Prophylaxis in Open Surgery for Adnexal Masses (10 mins) <ul style="list-style-type: none">• ALWAYS: <i>Elise Yates</i>• SELECT CASES: <i>Tommaso Meschini</i> Normothermia in the Perioperative Period: Feasibility of Compliance (10 mins) <ul style="list-style-type: none">• FEASIBLE: <i>Jose Carlos Vilches</i>• IMPOSSIBLE: <i>Clara Santaia</i>	14.40-15.40	SESSION II UPDATES AND BARRIERS TO COMPLIANCE Moderator: <i>Alessandro Buda</i>
		14:40>15:00	ERAS® Society Cesarean Guidelines – 2025 Update <i>Pervez Sultan</i>
		15.00>15.20	Anesthesia Updates in ERAS® Gynecologic Surgery <i>Gabriel Mena</i>
		15.20>15.40	Challenges in Data Collection and Measures of Compliance <i>Paula Mateo</i>
		15.40>16.50	SESSION III LITERATURE REVIEW AND RECENT RESEARCH Moderators: <i>Jose Soliz, Pervez Sultan</i>
		15.40>16.00	Overview of Literature Highlights (2024-2025) <i>Kevin Elias</i>
		16.00>16.40	Abstract Session <i>* Abstract details follow on page 15</i>
		16.40>16.50	Q&A
		16.50>17.20	SESSION IV FUTURE OF ERAS® IN OBGYN Moderator: <i>Kevin Elias</i>
		16.50>17.10	ERAS® is Standard of Care: Where to Go from Here? <i>Gregg Nelson</i>
		17.10>17.30	Discussion Closing Remarks <i>Gregg Nelson</i>

WEDNESDAY - 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LISBONA

SPECIALTY SESSION 2

ERAS® SOCIETY PEDIATRIC FORUM "PEDIATRIC ERAS®: START TO FINISH"

Chairs: Megan Brockel, Kyle Rove

14.00>14.05	Welcome Kyle Rove	15.40>15.50	Panel discussion and Q&A Moderator: Kyle Rove Panelists: Mehul Raval, Christian Taylor, Martin Blakely
14.05>14.10	Introductions Megan Brockel		
	PART A: PROTOCOLS	15.50>16.00	Break (show REDCap attendance survey QR code)
14.10>14.15	Pediatric Surgery (colorectal, pectus, appy, bariatric, oncology) Mehul Raval		PART C: AUDITS
14.15>14.20	Urology Protocols (recon, non-recon, stones, gyn) Yvonne Chan	16.00>16.10	Data collection and auditing: Not too much, not too little, just right! Kyle Rove
14.20>14.25	ENT protocol (microtia, cleft palate) Megan Brockel	16.10>16.20	Providing feedback to teams (to whom, how much info, and frequency) Mehul Raval
14.25>14.30	Plastics (alveolar bone graft, breast surgery) Kyle Rove	16.20>16.50	Panel discussion Moderator: Mehul Raval Panelists: Kyle Rove, Megan Brockel
14.30>14.35	Eras® implementation in ambulatory surgery Paul Merguerian	16.50>17.00	Break (show REDCap attendance survey QR code)
14.35>14.50	Panel discussion and Q&A		PART D: FUTURE OF ERAS® SOCIETY PEDIATRICS
14.50>15.00	Break (show REDCap attendance survey QR code)	17.00>17.10	Society Involvement - we need help and international representation consider open nomination for at large members to join our leadership Kyle Rove, Megan Brockel, Mehul Raval
	PART B: IMPLEMENTATION		
15.00>15.10	QI 101 (Kotter's 9 steps, identify stakeholders, obtain buy in) Yvonne Chan	17.10>17.15	White Papers / Guidelines Development Mary Brindle
15.10>15.25	Error Traps in Implementation Christian Taylor		
15.25>15.40	How local context matters for ERAS® implementation Martin Blakely	17.15>17.30	Q+A and Networking

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WEDNESDAY - 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA LONDRA

SPECIALTY SESSION 3

ERAS® NURSING, AHP & ANP SUBSPECIALTY SESSION

Chair: Angie Balfour

14.00>14.05	Introduction and Session Overview <i>Angie Balfour</i>	16.00>16.45	SESSION 3 IMPLEMENTATION & PERSISTENT CHALLENGES Chairs: Alessio Rizzo, Monica Rolfo, Angie Balfour
14.05>14.50	SESSION 1 TECHNOLOGY & ERAS® Chair: Jeanette Opsahl Fladeby, José Ant. Jerez González	16.00>16.15	What is an ERAS® nurse? What qualifications and training is required? Development of an ERAS® Nurse Education module <i>Jaymee Sanchez</i>
14.05>14.20	Use of POCUS pre and postoperative - improve the practice of perioperative nurse <i>Cassiane de Santana Lemos</i>	16.15>16.30	Evidence alone isn't enough to change practice : multidisciplinary insights on ERAS® barriers using a standardized framework <i>Allyson Cochran [pre-rec talk]</i>
14.20>14.35	The role of Nursing and AHPs in data collection and the integration of health technology and artificial intelligence to optimize secure and efficient data entry <i>José Ant. Jerez González</i>	16.30>16.45	ERAS® implementation: barriers and challenges, experience feedback from Croix-Rousse Hospital Lyon - France <i>Doriane Lioni</i>
14.35>14.50	Digitising fluid balance charting in surgical pathways <i>Lisbeth Leinum</i>	16.45>17.30	Abstract Session * Chairs: Dorte Hjort Jakobsen, Angie Balfour <i>* Abstract details follow on page 16</i>
14.50>15.35	SESSION 2 AHPS & ERAS® Chair: Thomas Wainwright	17.30	Closing Remarks <i>Angie Balfour</i>
14.50>15.05	Nutritional Screening Are we getting it right? <i>Marianna Sioson</i>	17.30>19.00	FRENCH SPEAKING ERAS® NURSING GROUP SYMPOSIUM
15.05>15.20	Optimisation of nutritional status in patients who have undergone cystectomy and followed an ERAS® program <i>Jakob Hundebøll, Ane Rytter</i>	17.30>17.40	Introduction <i>Florence Abraham, Christine Hoarau</i>
15.20>15.35	General discussion and Q&A <i>Thomas Wainwright</i>	17.40>18.00	L'infirmière coordinatrice ERAS®: un levier clé pour l'intégration du patient partenaire <i>Chloé Masini Faron, Fanny Allano</i>
15.35>16.00	Break	18.00> 18.20	3 disciplines, 1 organisation <i>Delphine Merlay, Laetitia Michaud</i>
		18.20>18.40	Titre à définir
		18.40>19.00	Questions et clôture

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WEDNESDAY - 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA PARIGI

SPECIALTY SESSION 4

ERAS® UROLOGY SPECIALTY SESSION

Chairs: *Sia Daneshmand and Saum Ghodoussipour*

14.00>14.10	Welcome & Introduction <i>Saum Ghodoussipour, Sia Daneshmand</i>	16.05>16.35	ERAS® beyond Cystectomy Standardizing pathways on Focal therapy for Prostate Cancer: how can we manage and reduce complications? <i>Giancarlo Marra</i>
14.10>14.25	Preoperative Optimization - Patient Selection & Counseling <i>Ilaria Lucca</i>		Perioperative management in PCNL/ECIRS <i>Eugenia Vercelli</i>
14.25>14.40	Role of Anesthesia in GU ERAS® Pathways <i>William Fawcett</i>		Utilizing Artificial Intelligence to improve outcomes after Robotic Surgery <i>Federico Lavagno</i>
14.40>14.55	Nutritional Strategies in ERAS® <i>Jill Hamilton-Reeves</i>	16.35>16.50	Implementation and Administrative Challenges in ERAS® <i>Stephen Williams</i>
14.55>15.10	Nursing Leadership in ERAS® Implementation <i>Susanne Vahr Lauridsen, Bente Thoft Jensen</i>	16.50>17.05	Ambulatory ERAS® <i>Vignesh Packiam</i>
15.10>15.30	Break	17.05>17.30	Closing Remarks / Q&A <i>Saum Ghodoussipour, Sia Daneshmand</i>
15.30>15.45	ERAS® in Urology: A local perspective <i>Vittorio Canale</i>		
15.45-16.05	The importance of surgical technique in optimizing outcomes after radical cystectomy <i>Sima Porten, Mark Preston</i>		

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THURSDAY - 18TH SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

SALA 500

- 07.30>08.00 Registration
Industry exhibition
- 08.00>08.15 **CONGRESS OPENING**
Welcome from ERAS® Society and Italian hosts
Ulf Gustafsson, William Fawcett, Luca Gianotti
- 08.15>10.15 **SESSION 1**
DELIVERING ERAS®
Chairs: *William Fawcett, Arthur Revhaug*
- 08.15>08.35 **Overview of ERAS® guidelines 20th Anniversary**
Mary Brindle
- 08.35>08.55 **Colorectal Guidelines**
Ulf Gustafsson
- 08.55>09.15 **ERATIC: Enhanced recovery after trauma and intensive care guidelines**
Timothy Hardcastle
- 09.15>09.35 **Delivering ERAS® in Italy**
Marco Catarci
- 09.35>09.55 **ERAS® database meets AI**
Ulf Gustafsson
- 09.55>10.15 Discussion
- 10.15>10.40 Tea / coffee,
Posters & industry exhibition
- 10.40>11.25 **KEYNOTE: Kehlet Lecture Delivering ERAS® in a wartime setting**
Ivan Lisnyy
Chairs: *Kwang Yeong How, Chris Jones*
- 11.25>13.05 **SESSION 2**
THE CANCER CONTINUUM
Chair: *Angie Balfour, William Fawcett*
- 11.25>11.45 **Nutrition and sarcopenia**
Nicolo Pecorelli
- 11.45>12.05 **Reducing the RIOT**
Chris Jones
- 12.05>12.25 **Gyne-oncology ERAS®: harmonizing surgery and oncology**
Gregg Nelson
- 12.25>12.45 **Chronic post-surgical pain in cancer patients**
Flaminia Coluzzi

- 12.45>13.05 Discussion

SALA 500 • SALA LONDRA • SALA MADRID

- 13.05>13.45 **Poster & Industry Exhibition IN PARALLEL**
• Luncheon Symposia

- 13.45>15.25 **SESSION 3**
LMIC AND ERAS®
Chairs: *Mary Brindle, Olle Ljungqvist*
- 13.45>14.05 **ERAS® in Trauma - adapting to LMIC contexts**
Timothy Hardcastle
- 14.05>14.25 **Challenges in ERAS® delivery in an LMIC setting**
Marianna Sioson
- 14.25>14.45 **Standardizing anesthesia and surgical care in LMICs with the goal of improving outcomes**
Nobhojit Roy
- 14.45>15.05 **Poor anesthesia outcomes in LMICs**
Kelly McQueen
- 15.05>15.25 Discussion
- 15.25>16.10 **KEYNOTE: Ljungqvist Lecture Artificial Intelligence for Surgical Patients**
Elena Giovanna Bignami
Chairs: *Luca Gianotti, Tonia Young-Fadok*
- 16.10>16.30 Tea / coffee
Posters & industry exhibition
- 16.30>17.40 **ABSTRACT SESSION***
Best Abstracts
Chairs: *Gregg Nelson, Michael Scott*
** Abstract details follow on page 17*
- 17.40>18.00 **The Value Delivered by ERAS® Qualified Centers: Perspectives and Barriers to Sharing and Disseminating Best Practices**
Felice Borghi
- 18.00 Welcome reception

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FRIDAY - 19TH SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

SALA 500

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| <p>07.30>08.15 Industry exhibition</p> <p>08.15>08.30 Presidential address
<i>Luca Gianotti</i>
Chair: <i>Ulf Gustafsson</i></p> <p>08.30>10.30 SESSION 4
SURGICAL CONUNDRUMS
Chairs: <i>Henrik Kehlet,</i>
<i>Nicolò Pecorelli</i></p> <p>08.30>08.50 Synchronous surgery in cancer
<i>Joline DeGroof</i></p> <p>08.50>09.10 Very early discharge
after colorectal surgery.
Is it achievable? Is it safe?
<i>Jan Stoot</i></p> <p>09.10>09.30 Minimally Invasive Surgery
Is less always more?
<i>Kwang Yeong How</i></p> <p>09.30>09.50 Transplanting surgical outcomes
by engineering the colonic
microbiome
<i>James Kinross</i></p> <p>09.50>10.10 Crossing the Blood-Brain Barrier
When a surgeon spearheads
Goal-Directed Fluid Management
<i>Tonia Young-Fadok</i></p> <p>10.10>10.30 Discussion</p> <p>10.30>10.55 Tea / coffee
Posters & industry exhibition</p> | <p>10.55>12.55 SESSION 5
PERIOPERATIVE MEDICINE
Chairs: <i>Chris Jones,</i>
<i>Marianna Sioson</i></p> <p>10.55>11.15 CPET: Yesterday's friend
<i>Tom Abbott</i></p> <p>11.15>11.35 Does neurological monitoring
change outcomes?
<i>Joana Estilita-Berger</i></p> <p>11.35>11.55 Stop sending people home
anemic!
<i>Toby Richards</i></p> <p>11.55>12.15 Perioperative steroid therapy
<i>Henrik Kehlet</i></p> <p>12.15>12.35 Prehabilitation
<i>Gabriele Baldini</i></p> <p>12.35>12.55 Discussion</p> |
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SALA 500 • SALA MADRID • SALA LISBONA

- 12.55>13.40 Poster & Industry Exhibition
IN PARALLEL
- Luncheon Symposia
 - ERAS® LMIC Committee Meeting

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FRIDAY - 19TH SEPTEMBER 2025 • CONGRESS PLENARY SESSIONS

SALA 500

- | | |
|--|---|
| <p>13.40>14.25 KEYNOTE: Fearon Lecture
 The changing landscape of managing and detecting postoperative complications
 Michael Scott
 Chairs: Angie Balfour, Olle Ljungqvist, Timothy Rockall</p> | <p>16.45>17.45 SESSION 7
 EARLY CAREER ERAS® SESSION
 Co-chairs: Gregg Nelson, William Fawcett</p> |
| <p>14.25>16.25 SESSION 6
 NURSING AND AHP SESSION
 Co-chairs: Angie Balfour, Alessio Rizzo, Monica Rolfo</p> | <p>16.45>17.00 The three S's
 Nikki Nabavi</p> |
| <p>14.25>14.45 The Patient Voice' Series
 Angie Balfour</p> | <p>17.00>17.15 Passing the ERAS® torch
 Steven Bisch</p> |
| <p>14.45>15.05 ERAS® implications in the use of technology for remote monitoring and alert systems in early discharged patients
 Alessio Rizzo, Monica Rolfo</p> | <p>17.15>17.30 ERAS® for animals
 Aida Fages Cárceles</p> |
| <p>15.05>15.25 Process of implementation of ERAS® nurse team - challenges and outcomes in perioperative care
 Cassiane de Santana Lemos</p> | <p>17.30>17.45 Discussion</p> |
| <p>15.25>15.45 Planning of physical exercise in the preoperative phase
 Andrea Tognaccini</p> | <p>17.45>18.15 Prizes and congress closing remarks
 Ulf Gustafsson, William Fawcett, Luca Gianotti</p> |
| <p>15.45>16.05 Elimination of Nutritional Health Disparities is Yet Another Benefit of ERAS®
 Katherine Shumate</p> | <p>18.15>19.15 ERAS® General Assembly Meeting</p> |
| <p>16.05>16.25 Discussion</p> | |
| <p>16.25>16.45 Tea / coffee
 Posters & industry exhibition</p> | |


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Tom Abbott | *UK*

Florence Abraham | *France*

Fanny Allano | *Switzerland*

Gabriele Baldini | *Italy*

Angie Balfour | *UK*

Joana Berger-Estilita | *Switzerland*

Elena Giovanna Bignami | *Italy*

Steven Peter Bisch | *Canada*

Martin Blakely | *USA*

Felice Borghi | *Italy*

Mary Brindle | *Canada*

Megan Ann Brockel | *USA*

Alessandro Buda | *Italy*

Vittorio Canale | *Italy*

Marco Catarci | *Italy*

Yvonne Chan | *USA*

Allyson Cochran | *USA*

Flaminia Coluzzi | *Italy*

Sia Daneshmand | *USA*

Joline De Groof | *Netherlands*

Cassiane de Santana Lemos | *Brasil*

Susanna Delfrati | *France*

Kevin Elias | *USA*

Aida Fages Cárceles | *Spain*

William Fawcett | *UK*

Jeanette Opsahl Fladeby | *Norway*

Saum Ghodoussipour | *USA*

Luca Gianotti | *Italy*

Stephanie Gill | *Canada*

Ulf Gustafsson | *Sweden*

Jill Hamilton-Reeves | *USA*

Timothy Craig Hardcastle | *South Africa*

Dorthe Hjort Jakobsen | *Denmark*

Christine Hoarau | *Switzerland*

Jakob Højgaard Hundebøll | *Denmark*

Kwang Yeong How | *Singapore*

José Antonio Jerez González | *Spain*

Chris Jones | *UK*

Henrik Kehlet | *Denmark*

James Kinross | *UK*

Susanne Vahr Lauridsen | *Denmark*

Federico Lavagno | *Italy*

Lisbeth Leinum | *Denmark*

Vera Lim Qinyi | *Singapore*

Doriane Lioni | *France*

Ivan Lisnyy | *Ukraine*

Olle Ljungqvist | *Sweden*

Ilaria Lucca | *Switzerland*

Matteo Marchetti | *Italy*

Giancarlo Marra | *Italy*

Chloé Masini Faron | *Switzerland*

Paula Gutiérrez Mateo | *Spain*

Kelly McQueen | *USA*

Gabriel Mena | *USA*

Paul Merguerian | USA

Delphine Merlay | Switzerland

Tommaso Meschini | Italy

Laetitia Michaud | Switzerland

Nikki Nabavi | UK

Gregg Nelson | Canada

Vignesh Packiam | New Jersey

Teresa Lucia Pan | Austria

Nicolò Pecorelli | Italy

Sima Porten | Canada

Mark Preston | USA

Pedro T. Ramirez | USA

Mehul Raval | USA

Arthur Revhaug | Norway

Toby Richards | UK

Alessio Rizzo | Italy

Timothy Rockall | UK

Monica Rolfo | Italy

Kyle Rove | USA

Nobhojit Roy | India

Ane Rytter | Denmark

Jaymee Sanchez | Poland

Clara Santia | Argentina

Michael Scott | USA

Katherine Shumate | USA

Marianna Sioson | Philippines

Jose Soliz | USA

Jan Stoot | Netherlands

Pervez Sultan | USA

Christian Taylor | USA

Bente Thoft Jensen | Denmark

Andrea Tognaccini | Italy

Eugenia Vercelli | Italy

Jose Carlos Vilches | Spain

Thomas Wainwright | UK

Stephen Williams | USA

Elise Yates | USA

Tonia Young-Fadok | USA



WEDNESDAY – 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

SALA MADRID

SPECIALTY SESSION 1

ERAS® OBSTETRICS & GYNECOLOGY GROUP SYMPOSIUM

Chair: Gregg Nelson | Opening Remarks: Pedro T. Ramirez

Abstract 97

IMPACT OF wound INFILTRATION AND REGIONAL BLOCKS ON POSTOPERATIVE OPIOID USE IN AN ERAS PROTOCOL FOR GYNECOLOGIC SURGERY

Mateo—Kubach P.^[1], Hsu H.^[1], Santia M.C.^[1], Meschini T.^[2], Christensen K.^[1], Sharma K.^[1], Pan A.P.^[1], Rutledge E.^[1], Ramirez P.T.^[1]

^[1]Houston Methodist Hospital ~ Houston ~ United States of America, ^[2]Women's and Children's Del Ponte Hospital ~ Varese ~ Italy

Abstract 156

POSTPARTUM AND PONV: WHY OBSTETRIC PATIENTS NEED THEIR OWN RISK MODELS

Zorzato P.C.* , D'Alessandro M., Piazzola M., Cattin B., Bosco M., Casprini C., Bravo C., Ricci A., Porcari I., Uccella S., Garzon S.

Unit of Obstetrics and Gynecology, Department of Surgery, Dentistry, Pediatrics, and Gynecology, AOUI Verona, University of Verona, Verona, Italy ~ Verona ~ Italy

Abstract 205

FROM DEPARTMENT CHAIRS TO RESIDENTS: AN ASSESSMENT OF ENHANCED RECOVERY AFTER SURGERY (ERAS) AWARENESS AND APPLICATION AT GYNECOLOGIC SURGERY IN AUSTRIA

Pan T.L.*^[1], Hütter C.^[2], Tsibulak I.^[3], Tamussino K.^[2]

^[1]Medizinische Universität Wien ~ Innsbruck ~ Austria, ^[2]Medizinische Universität Graz ~ Graz ~ Austria, ^[3]Medizinische Universität Innsbruck ~ Innsbruck ~ Austria

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Lasala J.* , Soliz J., Meyer L., Iniesta—Donate M., Munsell M., Mena G.

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WEDNESDAY - 17TH SEPTEMBER 2025 • EDUCATIONAL & SPECIALTY SESSIONS

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SPECIALTY SESSION 3

ERAS® NURSING, AHP & ANP SUBSPECIALTY SESSION

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Mauriziano Hospital ~ Turin ~ Italy

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Tan Tock Seng Hospital ~ Singapore ~ Singapore

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^[1]Fundacion Valle del Lili, Cali, Colombia ~ Cali ~ Colombia, ^[2]Capitulo de Futuros Cirujanos, Asociacion Colombiana de Cirugia, Bogota, Colombia ~ Bogota ~ Colombia

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On Behalf of the Enhanced Recovery In Children Undergoing Surgery (ENRICH-US) Randomized Controlled Trial Study Team – Chicago – United States of America

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Pagnoni C.^[1], Angelucci M.^[1], Aprile I.G.^[2], Germanotta M.^[2], Falchini F.^[2], Pavan A.^[2], Passa R.^[1], Valeri S.^[1]

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Catarci M.^{*}, Guadagni S., Masedu F., Scatizzi M., Montemurro L.A., Ciano P., Benedetti M.

Italian ColoRectal Anastomotic Leakage (iCraI) study group - Roma - Italy

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Adamova Z.^[1], Chrostek M.^[1], Filova M.^[2], Pechalova V.^[2]

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Leo J.^[1], Sjölin I.^[2]

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Northwestern University - Chicago - United States of America

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Kate V.^[1], Subhash Singh L.^[1], Balakrishnan G.^[1], Sathasivam S.^[1], Amarathanan A.^[1], Thulasingam M.^[4], Kundra P.^[5]

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Fang K.^{*[1]}, Chen J.^[1], Zhou X.^[1], Gong Q.^[1], Gou T.^[1], Zhang J.^[1], Han G.^[2], Wu M.^[2], Ma Y.^[1], Gang S.^[1]

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^[1]Karolinska Institutet – Stockholm – Sweden, ^[2]Ersta Hospital – Stockholm – Sweden

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Fang K.^{*[1]}, Sun L.^[2], Ma Y.^[1], Gang S.^[1], Li L.^[1], Zhou X.^[1], Li B.^[2], Li S.^[2], Chen J.^[1], Gong Q.^[1]

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Careggi University Hospital – Florence – Italy

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^[1]Department of Anesthesiology and Intensive Care Medicine Second Faculty of Medicine, Charles University and Motol University Hospital – Prague – Czech Republic, ^[2]Institute of Applied Mathematics and Information Technologies, Faculty of Science, Charles University, – Prague – Czech Republic

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Lacko M.^{*[2]}, Matúška M.^[1], Šepitka R.^[2], Polan P.^[1]

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Chunhui Qi – Lanzhou – China

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Zhou W.^{*}, Fang K., Sun L.

Guizhou Provincial People's Hospital - Guiyang - China

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Wainwright T.^{*}

Bournemouth University - Bournemouth - United Kingdom

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Abstract 186 INTRAOPERATIVE BLOOD PRESSURE VARIABILITY MANAGEMENT: A KEY STRATEGY TO OPTIMIZE THE ERAS PATHWAY AND IMPROVE POSTOPERATIVE OUTCOMES

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Abstract 201 HIP AND KNEE ARTHROPLASTY- WHAT IS KEEPING THE PATIENT IN HOSPITAL?

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Abstract 203 DOES THE DAY OF SURGERY INFLUENCE MOBILISATION AND LENGTH OF STAY IN JOINT REPLACEMENT PATIENTS

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Abstract 210 ENHANCED RECOVERY AFTER SURGERY (ERAS) IN GENERAL SURGERY: THE TRENTINO EXPERIENCE IN LIGHT OF ERAS SOCIETY ACCREDITATION

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Bonomi B.^[*], Corti G.^[2], Abati M.^[4], Fossati L.^[4], Ghezzi M.^[1], Orsi G.^[3], Guarneri G.^[1], Ferri F.^[1], Tettamanzi A.^[2], Reni M.^[3], Falconi M.^[1], Pecorelli N.^[1]

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Abstract 224 FEASIBILITY OF DAY CASE KNEE ARTHROPLASTY USING ENHANCED RECOVERY AFTER SURGERY (ERAS)

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Lasala J.^{*}, Soliz J., Iniesta~Donate M., Munsell M., Meyer L., Mena G.

University of Texas MD Anderson Cancer Center ~ Houston, TX ~ United States

of America

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Mariani E.^{*}, Benedetti F., Davolio A., Adelf Antwi S., Pizzardi G., Mariani A.,

Chiacchio P., Colciago E., Degrate L.

Università degli studi di Milano Bicocca ~ Milano ~ Italy

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Rodrigues A.^[1], Rodrigues A.^[4], Lemos C.^[1], Sousa B.^[*2], Mendes L.^[3], Mendes L.^[4]

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Clinical Medicine ~ Florence ~ Italy

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Palazzo V.^[*], Martina M.S.^[2], Gurguri M.^[1], Castagna E.^[2], Pozzo G.^[2]

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Robella M.^[*], Pagano E.^[2], Cerutti A.^[3], Evangelista A.^[2], Cinquegrana A.^[1],

Marrelli L.^[4], Pizzolato E.^[5], Pellegrino L.^[1], Borghi F.^[1]

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Surgical Oncology, University of Siena ~ Siena, Italy, ^[5]Unit of Surgical Oncology

of the Esophagus and Digestive Tract, Veneto Institute of Oncology IOV-IRCCS,

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Robella M.^[*], Pagano E.^[4], Evangelista A.^[2], Pellegrino L.^[1], Cinquegrana A.^[1],

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~ Italy, ^[4]Unit of Cancer Epidemiology, University of Torino, CERMIS and CPO-

Piemonte ~ Torino ~ Italy

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Sperlinga R., Bossola E.^{*}, Ghironi E., Azzolina M.C., Dall'Occo F., Costamagna G.

Elisa Bossola ~ AO Maurizioa Torino ~ Italy

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Phruetthiphat O.^[*], Sinlapavilawan P.^[2], Homsapaya K.^[1]

^[1]Phramongkutklao Hospital ~ Bangkok ~ Thailand, ^[2]Bangkok hospital Muangrai ~

Ratchaburi ~ Thailand, ^[3]Kasetsart University, Sriracha ~ Chon Buri ~ Thailand

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Paiboonrungraj S.*, Phruetthiphap O.

Phramongkutklao Hospital ~ Bangkok ~ Thailand

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Chuenban N.*, Prutthithavorn P., Phruetthiphap O.

Phramongkutklao Hospital ~ Bangkok ~ Thailand

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Luanngjindarat S.^[1], Pinijprapa P.^[2], Phruetthiphap O.^{*(2)}

^[1]Rajavithi Hospital ~ Bangkok ~ Thailand, ^[2]Phramongkutklao hospital ~ Bangkok ~ Thailand

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Salomé M.V.^[2], José Carlos V.J.^{*(1)}, Francisco G.P.^[3], Rodrigo O.F.^[1], Cristóbal R.D.^[4]

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Abstract 245 PERIOPERATIVE NORMOTHERMIA IN GYNECOLOGIC SURGERY: NO ASSOCIATION WITH OUTCOMES, BUT ADHERENCE LINKED TO COMORBIDITIES AND OPERATIVE TIME

Hsu H.^{*(2)}, Santia M.C.^[2], Meschini T.^[3], Mateo-Kubach P.^[2], Pan A.^[1], Christensen K.^[2], Rutledge E.^[2], Ramirez P.T.^[2]

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Prasitvarakul K.*, Paekaitiwong D., Tumviriyakul H.

Hatyai hospital ~ Songkhla ~ Thailand

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Slagelse Sygehus ~ Slagelse ~ Denmark

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De Lucia N.M.^[1], Sanjamala A.N.^[2], Falk M.K.^[1], Young-Fadok T.M.^{*(3)}

^[1]Quality Management, Mayo Clinic ~ Phoenix, Arizona ~ United States of America, ^[2]Information Technology, Mayo Clinic ~ Rochester, Minnesota ~ United States of America, ^[3]Department of Colon and Rectal Surgery, Mayo Clinic ~ Phoenix, Arizona ~ United States of America



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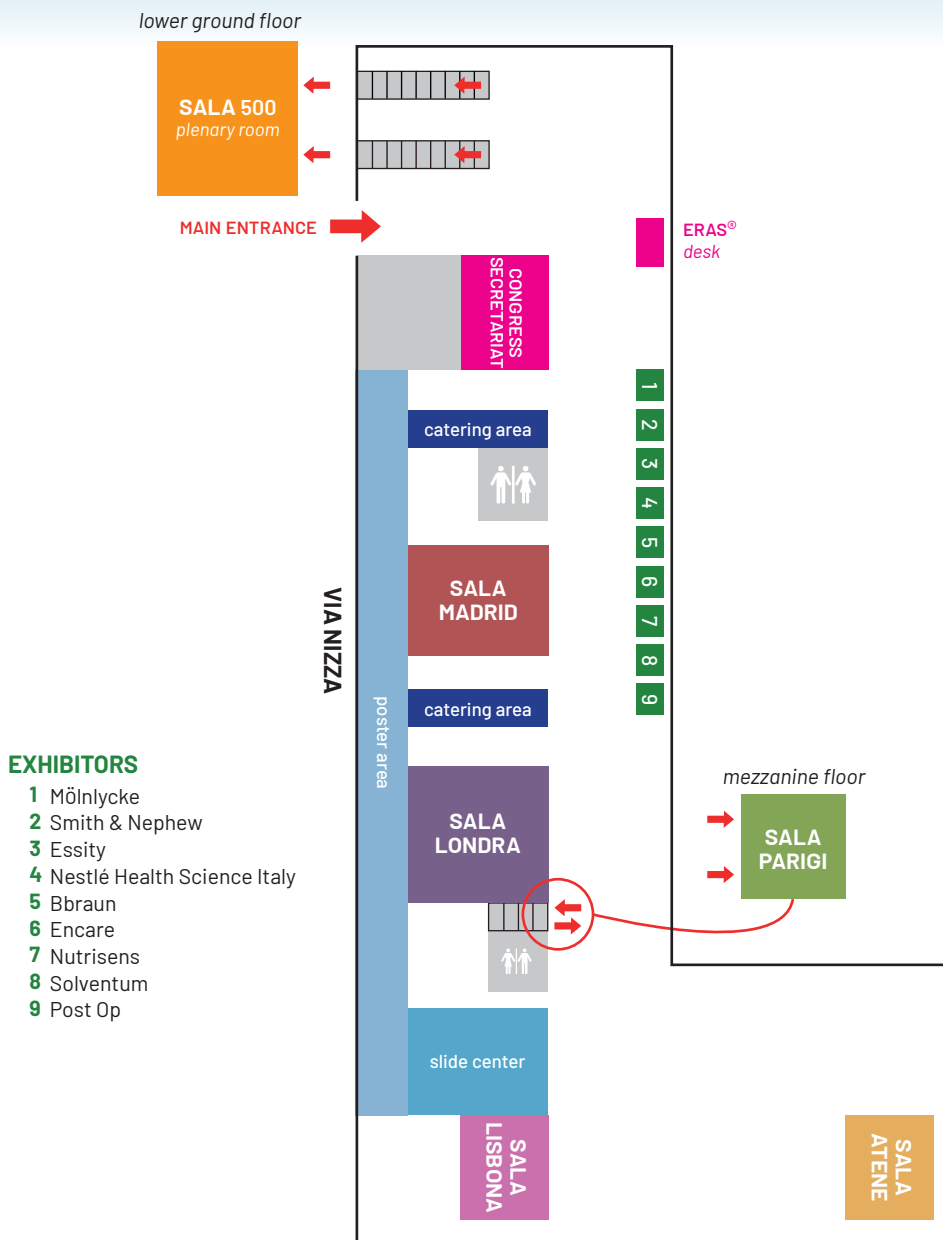
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**EXPERT Symposium: Advancing ERAS®
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- Chairman: *Luca Gianotti, Italy*
Where are we in Surgical Site Complication?
- Speaker: *Angie Balfour, UK*
The Impact of ERAS® in the peri operative pathway – what's next for surgical care?
- Speaker: *Josep M. Badia, Spain*
From risk to recovery: the role of i-NPWT in high risk surgery patients

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Symposium #2 SALA 500
**ERAS® Qualification and the Multidisciplinary
 Approach: Measurable Benefits for All Key
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Moderator: *Olle Ljungqvist, Sweden*

- The Perspectives on Surgical Practice
Gianluca Garulli, Italy - Elisa Bertocchi, Italy
- The Perspectives on Cardiovascular Practice
Sergio Bevilacqua, Italy
- The Perspectives on Anesthesiologic Practice
Claudia Brusasco, Italy
- What's the benefit of a "ERAS® Centric Hospital": Hospital Board POV
Monica Baroni, Italy
- Q&A

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Symposium #3 SALA MADRID
**How does continuous monitoring in the ward
 contribute to reducing ICU admissions?**

Valentina Bellini, Italy

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Symposium #4 SALA 500
**Can advanced incision care enhance patient
 recovery?**

- Striving for consensus on the use of advanced wound dressings for incision management
Rhydian Morgan Jones, UK
- The importance of soft tissue management in improving outcomes and reducing surgical site complications
Franco Bassetto, Italy
- The importance of dressing selection and wear time in promoting enhanced recovery after surgery
Thomas Wainwright, UK

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Symposium #5 SALA MADRID
**The crucial role of wound care in ERAS®:
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- Enhancing ERAS protocols with new evidence. The EDISON study
Kylie Sandy-Hodgetts, Australia
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