

# 11<sup>th</sup> ESPEN SYMPOSIUM

## Sintra, Portugal

### December 1 - 2, 2024

ESPEN



THE EUROPEAN  
SOCIETY  
FOR CLINICAL  
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METABOLISM



[WWW.ESPEN.ORG](http://WWW.ESPEN.ORG)

**Home Nutritional Care:  
from general practice  
to parenteral nutrition**

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## LLL COURSE

**Chronic intestinal failure and home-parenteral nutrition (HPN) in adults**

### SUNDAY, DECEMBER 1

*Morning (09:00-13:00)*

*Moderator: L. Pironi*

- **Indications and Epidemiology**  
*A. Van Gossum*
- **Planning, Training and Monitoring**  
*T. Vanuytsel*
- **Venous Catheter Care and Complications**  
*Y. Wouters*
- **Metabolic Complications and Indications for Intestinal Transplantation**  
*L. Pironi*
- *Coffee break and exhibition*
- **Case discussion**
- **Final test**

# SYMPOSIUM

## Home Nutritional Care: from general practice to parenteral nutrition

### SUNDAY, DECEMBER 1

Afternoon (13:30-18:50)

#### 13:30-13:40 Opening and salutation

*S. Klek, A. Marinho*

#### 13:40-15:20 | Session 1

##### PREVENTION OF NCD IN PRIMARY CARE

*Moderators: R. Barazzoni, S. Klek*

- Prevention of NCD's in Primary Care  
WHO brief intervention project  
*K. Wickramasinghe*
- Obesity programs for family practitioners  
*H. Schlögl*
- Health and Cost saving  
*M. Dorfmueller Ciampi*
- Nutrition in primary care: what do we need to implement?  
*S. Vinker*

*15:20-15:25 Stand-up break*

#### 15:25-17:05 | Session 2

##### DISEASE-RELATED MALNUTRITION IN THE COMMUNITY

*Moderators: A. Marinho, M. Pirlich*

- nDay primary care - Prevalence of malnutrition and beyond  
*P. Lopes*
- Screening and diagnosis of malnutrition in primary care - Tools and strategies  
*Z. Krznarić*

- Primary care dietitian – An emerging need  
*A. van Ginkel-Res*
- Health and Cost saving  
*P. Schuetz*

*17:05-17:20 Coffee break and exhibition*

#### 17:20-18:50 | Session 3

##### CHALLENGES FOR CONTINUITY OF CARE / TRANSITION FROM HOSPITAL TO AMBULATORY CARE

*Moderators: S. Klek, L. Pironi*

- Home enteral nutrition, guideline implementation  
*S. Klek*
- Home parenteral nutrition, guideline implementation  
*T. Vanuytsel*
- Remote/virtual assistance  
*C. Cuerda*

# MONDAY, DECEMBER 2

Morning (09:00-13:50)

## 09:00-10:15 | Session 4 FOCUS ON PATIENT WITH CHRONIC INTESTINAL FAILURE

Moderators: A. Van Gossum, T. Vanuytsel

- **Relevance of ESPEN guidelines and database for CIF and outpatient care**  
*L. Pironi*
- **Quality Standards for CIF centers**  
*C. Cuerda*
- **Which research is needed for better nutrition care in CIF - The patient's perspective**  
*M. Lichota*

10:15-10:30 Coffee break and exhibition

## 10:30-12:10 | Session 5 FOCUS ON THE VULNERABLE PATIENT

Moderators: T. Cederholm, M. Pirlich

- **ESPEN guideline Nutrition in polymorbid patient - What is relevant for outpatient care?**  
*F. Gomes*
- **Chronic kidney disease: nutritional management between primary and specialized care**  
*G.B. Piccoli*
- **Cancer: Patient centered nutrition care in cancer outpatients**  
*A. Laviano*
- **Cancer cachexia: the patient's perspective**  
*M. Schönberg*

## 12:10-13:50 | Session 6 OLDER ADULTS

Moderators: C. Cuerda, Z. Krznarić

- **New global consensus for sarcopenia diagnosis: GLIS criteria - Fit for the community setting?**  
*T. Cederholm*
- **Treatment strategies for malnutrition in the elderly**  
*S. Schneider*
- **Obesity in community-dwelling older adults: conservative or aggressive approach?**  
*R. Barazzoni*
- **Optimal nutrition in neurological diseases**  
*R. Burgos*

# GENERAL INFORMATION

## CONFERENCE VENUE

**Olga Cadaval Cultural Center**

**Auditório Acácio Barreiros**

Dr. Francisco Sá Carneiro Square, 2710-720 Sintra (Portugal)

<https://ccolgacadaval.pt/>

Olga Cadaval Cultural Center is located in the heart of Sintra.

## HOW TO REACH SINTRA

### *By car*

You can reach Sintra using the IC 19 (from Lisbon), the IC 30 (from Mafra), the EN 9 (by A5/Cascais) or even through the A16.

Parking: Sintra has six car parks at your disposal. More information: [https://parking.sintra.pt/index\\_en.html](https://parking.sintra.pt/index_en.html)

The town of Sintra has reserved areas with paid parking on public roads. These areas are properly marked. To validate parking, you must purchase the corresponding parking meter ticket.

You can also use the car park of Portela de Sintra (24 Hours). This park is connected by bus and train. The maximum value/day is € 1.50 (VAT Included).

### *By train*

From Lisbon to Sintra, trains depart regularly from Rossio train station (in the historical city center) or Oriente train station.

The trip lasts 40/45 minutes.

### *By plane*

From Lisbon-Portela Airport, you can take the metro (red line) to Oriente train station, then the Oriente-Sintra train.

## REGISTRATION

Online registration at [www.espen.org](http://www.espen.org)

## REGISTRATION FEES

### *Symposium*

ESPEN member\*: € 150,00

Non-member: € 200,00

### *LLL Course*

ESPEN member\*: € 50,00

Non-member: € 60,00

*\* 2024 regular membership is required.*

The fees include: admittance to the Scientific Sessions; conference kit, certificate of attendance, catering services.

## LANGUAGE

English is the official language of the event.

## UEMS-EACCME® ACCREDITATION

The **LLL COURSE - Chronic intestinal failure and home-parenteral nutrition (HPN) in adults** has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 3.5 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at <https://edhub.ama-assn.org/pages/applications>.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

The **11<sup>th</sup> ESPEN Symposium - Home Nutritional Care: from general practice to parenteral nutrition** is under review.

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