



THE EUROPEAN  
SOCIETY  
FOR CLINICAL  
NUTRITION  
AND  
METABOLISM



## HUMAN RIGHTS DAY 2023

### ESPEN and International Working group for patients right to nutritional care

*“Where, after all, do universal human rights begin? In small places, close to home, so close and so small that they cannot be seen on any maps of the world (...). Unless these rights have meaning there, they have little meaning anywhere. Without concerned citizen action to uphold them close to home, we shall look in vain for progress in the larger world.”*

*Eleonor Roosevelt, 1958*

December 10, 2023 marks “the 75th anniversary of one of the world’s most groundbreaking global pledges: The Universal Declaration of Human Rights.” It is a milestone document, which proclaims the inalienable rights that everyone is entitled to as a human being. It proclaims its principles as a common ideal for all peoples and nations. It does not promote unreachable utopian ideals; on the contrary, it is thanks to this document and the pledge of States to its tenets that the lives of millions of people have improved and the foundations for a more just world have been laid.

On the occasion of the Human Rights Day, the 11 December 2023, ESPEN and the international working group for patients right to nutritional, will discuss about three topics that should be at the core of the practices:

- 1) Gender equality in the practice of Clinical Nutrition
- 2) Education is fundamental for defending the right to nutritional care: The NEMS project
- 3) Nutritional care in recourses limited settings and Ethical values in the practice of Clinical Nutrition



# ESPE Webinar

## Espen and International Working group for patient right to nutritional care

### International Human right day



December 11<sup>th</sup>, 2023  
6.00 - 8.00 pm CET (GMT +1)

## SCIENTIFIC PROGRAM

*Chairs: Rocco Barazzoni (Italy) - Diana Cardenas (France)*

- 6.00 pm** **ESPE welcome**  
*Rocco Barazzoni (Italy) and Stéphane Schneider (France)*
- 6.05 pm** **Human rights day and the International Working group for the patient's right to nutritional care**  
*Diana Cardenas (France)*
- 6.10 pm** **Enhancing nutritional care in resource-limited settings**  
*Mario-David Barbagallo (Belgium)*
- 6.35 pm** **Gender equality in Clinical Nutrition**  
*Carla Prado (Canada)*
- 6.55 pm** **Education is fundamental for defending the right to nutritional care: The NEMS project**  
*Cristina Cuerda (Spain)*
- 7.15 pm** **Ethics competencies in nutrition**  
*Albert Barrocas and Denise Schwartz (USA)*
- 7.35 pm** **Q&A**



## FREE REGISTRATION

Online registration at [www.espen.org](http://www.espen.org)

[www.espen.org](http://www.espen.org)

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