



THE EUROPEAN  
SOCIETY  
FOR CLINICAL  
NUTRITION  
AND  
METABOLISM

# ESPEN Webinar

## Prevention Of Malnutrition in Senior Subjects in the EU ('PROMISS')

April 15, 2021 | 4.00-5.30 pm CEST (GMT +2)



PROMISS  
Nutrition for healthy ageing



### SCIENTIFIC PROGRAM

- 4.00 pm**      **Welcome & Introduction to PROMISS**  
*Prof. Marjolein Visser PhD, Department of Health Sciences, Vrije Universiteit Amsterdam*
- 4.10 pm**      **Results of the PROMISS (cost)effectiveness trial**  
Does personalized dietary advice aiming at increasing dietary protein intake improve physical function, muscle strength, body composition, dietary intake or quality of life, and is this cost effective?  
*Ilse Reinders PhD, Department of Health Sciences, Vrije Universiteit Amsterdam*
- 4.25 pm**      **Persuasive technology for improving diet compliance**  
A tablet application and foodbox with persuasive communication and gamification to improve diet compliance  
*Laura van der Lubbe MSc, Department of Computer Science, Vrije Universiteit Amsterdam*
- 4.40 pm**      **The power of microbiota**  
The association between oral and gut microbiota and the development of poor appetite and undernutrition  
*Kristien Fluitman MD, Department of Internal Medicine, Amsterdam UMC*
- 4.55 pm**      **The environmental impact of personalized dietary advice aiming at increasing protein intake**  
What is the effect of personalized dietary advice aiming at increasing dietary protein intake on the environmental sustainability of the diet?  
*Alessandra Grasso MSc, Department of Health Sciences, Vrije Universiteit Amsterdam*
- 5.10 pm**      **Q&A session**  
*Moderator: Marjolein Visser*  
*Panel: Ilse Reinders, Laura van der Lubbe, Kristien Fluitman, Alessandra Grasso*

### FREE REGISTRATION

Online registration at [www.espen.org](http://www.espen.org)



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[www.espen.org](http://www.espen.org)

ORGANIZING SECRETARIAT  
NOEMA

Via Orefici 4 - 40124 Bologna (Italy)  
Ph. +39 051 230385 - [info@noemacongressi.it](mailto:info@noemacongressi.it) - [www.noemacongressi.it](http://www.noemacongressi.it)