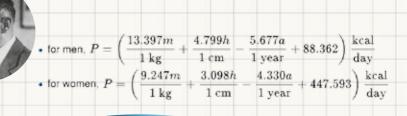


# 7th ESPEN Symposium celebrating

100 years of the Harris Benedict Equation

**HOW TO BEST ASSESS ENERGY REQUIREMENTS?** 

www.espen.org



October 27-28, 2019

# **VIENNA**

Van Swieten Hall Medical University of Vienna

### **CHAIRS**

Pierre Singer

Dileep Lobo

## **FACULTY**

Rocco Barazzoni

Trieste, Italy

**Tommy Cederholm** 

Uppsala, Sweden

Moïse Coëffier

Rouen, France

Marian de van der Schueren

Nijmegen, Netherlands

**Eric Fontaine** 

Grenoble, France

Michael Hiesmayr

Vienna, Austria

Alessandro Laviano

Rome, Italy

Dileep Lobo

Nottingham, UK

Kristina Norman

Berlin, Germany

**Claude Pichard** 

Geneva, Switzerland

Pierre Singer

Tel Aviv, Israel

# **ESPEN LLL Course on Nutritional Assessment and Energy Expenditure**

# Sunday, October 27 • 08.30-12.30

- Nutritional screening and assessment P. Singer
- Body composition M. Hiesmayr
- Energy expenditure C. Pichard
- Case discussion
- Final test

#### **SYMPOSIUM**

#### Sunday, October 27 • 13.20-18.00

12.30 Registration and Lunch

13.20-14.30 • SESSION I

CHAIRS: R. BARAZZONI, D. LOBO

13.20 Introduction and Welcome

13.30 The History of predictive equations

C. Pichard

13.50 Critical analysis of the value of weight: ideal, observed, adjusted, measured?

M. Hiesmayr

14.10 Predictive equations, should we measure or calculate?

M. de van der Schueren

14.30-16.00 • SESSION II

CHAIRS: P. SINGER, M. DE VAN DER SCHUEREN

14.30 Predictive equations for the normal individual and for the disease

M. Coëffier

15.00 From the cell to predictive equations / measurements of resting energy expenditure E. Fontaine

15.30 Body composition parameters to improve the validity of the equations *K. Norman* 

16.00 Coffee Break

16.30-18.00 • SESSION III

CHAIRS: M. HIESMAYR, C. PICHARD

16.30 How to predict/measure energy expenditure in critically ill patients *P. Singer* 

17.00 The obese patient and its energy requirements E. Fontaine

17.30 How to plan a nutritional therapy in the elderly regarding calories

T. Cederholm

19.30 Symposium Dinner

#### Monday, October 28 • 09.00-13.15

09.00-11.00 • SESSION IV

CHAIRS: M. COËFFIER, E. FONTAINE

09.00 Value of stress factors in surgery/trauma D. Lobo

09.20 How to evaluate energy requirements in the co-morbid patient?

M. Hiesmayr

09.40 Does gender play a role in energy requirements evaluation?

K. Norman

10.00 Cancer and energy expenditure. Does it play a role? *A. Laviano* 

10.30 Should we continue to use predictive equations? Pro: M. de van der Schueren / Con: C. Pichard

11.00 Coffee Break

11.30-13.15 • SESSION V

CHAIRS: T. CEDERHOLM, A. LAVIANO

11.30 The predictive equations in ESPEN guidelines *P. Singer* 

11.45 The use of FFMI in the diagnosis of malnutrition: a must?

T. Cederholm

12.00 Body composition values as an alternative.
Value and precision in normal individual and disease
M. Coëffier

12.20 The future of predictive equations to predict and guide calorie prescription in acutely ill patients / in chronic disease: a critical analysis A. Laviano

12.40 The ESPEN Perspective R. Barazzoni

13.00 Closing Remarks *P. Singer* 

13.15 Farewell Buffet and Departure

#### **GENERAL INFORMATION**

#### VENUE

Van Swieten Hall Medical University of Vienna Van-Swieten-Gasse, 1a 1090 Vienna

How to reach the venue
Tram lines 37/38/40/41/42
to Garnisongasse Station.
Underground U1/U2 till Schottentor Station which is at 10 minutes walking distance to the venue.

#### LANGUAGE

English is the official language of the event.

#### **HOTEL RESERVATION**

The Organizing Secretariat is available for Hotel reservations.

Suggested Hotels:

Boltzmann Hotel 4\*
Boltzmanngasse, 8 - 1090 Vienna

DUS: € 94.00 Double: € 114.00

Strudlhof Hotel & Palais 4\* Pasteurgasse 1, 1090 Vienna

DUS: € 79.00 Double: € 99.00

#### REGISTRATION

Online registration at www.noemacongressi.it

Symposium fees

Espen Member\*: € 144.00 Espen Non Member: € 180.00

\* 2019 regular membership is required.

LLL Course fee € 40.00

The fee includes: admittance to the Scientific Sessions; Conference kit; Certificate of attendance; CME credits (if achieved); Coffee break and lunch

Social Dinner fee € 80.00

#### **Cancellation policy**

Cancellation of registration has to be compulsorily notified in writing (by email or fax) to the Organizing Secretariat. 70% of the amount paid will be refunded if cancellation is made no later than September 1, 2019.

After that date there will be no refund.

#### **CME CREDITS**

The conference has been granted 10 CME credits by the European Accreditation Council for Continuing Medical Education (EACCME).

Thanks to the following Companies for the unconditional support

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#### **ORGANIZING SECRETARIAT**

NOEMA